

### What is CBD?

Competency By Design is the Royal College's model of Competence-Based Medical Education (CBME) which is an educational model that is...

- More oriented to outcomes rather than time in training (i.e. what trainee can DO)
- More flexible to learners' prior skills and current needs
- Training using a coaching approach with more regular feedback & entrustment decisions
- Enhanced tracking of learners' progress and performance

#### What is an EPA?

An Entrustable Professional Activity is a **unit of work** actually done during the clinician's day (e.g., admit a patient to hospital, carry out a procedure, lead a family meeting)

- There are 29 EPAs for the PGY1-4 Internal Medicine training program
- Each EPA gets assessed several times for each resident
- Each EPA is made up of several "milestones"
- The EPAs increase in complexity through stages

# Learn more about EPAs and CBD:

#### **READ** Factsheets:

CBD Terminology Click <u>here</u> Improving feedback tips: Click <u>here</u>

#### WATCH an eModule on:

CBD in Internal Medicine: Click <u>here</u> to

EPAs 101: Click here

#### VISIT

<u>www.deptmedicine.utoronto.ca/cbme</u> for general information on resources and events.

**Questions? CONTACT** us at <a href="mailto:im.cbd@utoronto.ca">im.cbd@utoronto.ca</a>



## Internal Medicine

Primer for EPA COD1 - Assessing, diagnosing, and managing patients with **COMPLEX OR ATYPICAL ACUTE** medical presentations

This EPA focuses on patients who are acutely ill.

Core of Discipline – COD1 (PGY2s and 3s) involves assessing, diagnosing, and managing patients with complex or atypical acute medical presentations, where high complexity is defined as: multiple conditions that co-exist and/or interact; a single condition with multi-systemic manifestation; an atypical presentation of a common condition; management challenges due to social determinants of health +/- cultural complexities. Supervisor (staff and/or supervising fellow) does assessment based on direct\* and indirect observation.

\*Direct = unfiltered case review at the time of presentation, with validation of the history/physical by the supervisor followed by discussion of the management plan.

### **EPA MILESTONES:** COD 1 Complex or Atypical Acute Presentations

- 1. Consider clinical urgency & comorbidities in determining priorities to be addressed
- 2. Perform complete & appropriate assessment of complex clinical presentations, including consideration of competing treatment needs
- 3. Select & interpret appropriate investigations based on a differential diagnosis
- 4. Generate & prioritize the differential diagnoses
- Monitor the evolution of the clinical course &/or the patient's response to treatment
- Generate management plans that address on-going diagnostic uncertainty, address treatment needs, evolve with the clinical course, & incorporate best practice and evidence-based guidelines
- 7. Determine the necessity & timing of referral to another health care professional
- 8. Work effectively with other health care professionals, including other physicians

#### **HOW TO COMPLETE AN EPA ASSESSMENT:**

- 1. You or the resident initiate the assessment. The assessment may be based on direct observation or case discussion.
- 2. You or the resident sign onto Elentra, and provide the assessment demographics. This can be done on the mobile phone or computer top.
- 3. From the list of milestones pertinent to the EPA, choose 2-3 milestones that are relevant to the activity, and indicate their performance level on each milestone you assessed, using the entrustment scale. You are not required to cover all milestones, but are welcome to.
- 4. Using the global entrustment scale, decide whether the resident can be entrusted overall to perform this activity with a similar case in the future. In general, residents are not expected to be entrustable early in a new stage of training, although this particular tool verifies skills that should have been learned in medical school.
- Describe 2-3 strengths and 2-3 actions, or areas for improvement. Please provide detailed and actionable comments based on your observations of their performance.
- 6. Discuss your feedback with the resident.



# GLOBAL ENTRUSTMENT SCALE (Autonomous and Consultancy levels are entrustable)