



**FOD 6A - Assessing and managing patients with a fall risk**  
**Part A: Gait analysis and balance assessment**

<p><b>Key Features</b></p> <ul style="list-style-type: none"> <li>• This EPA focuses on managing fall risk by performing appropriate neurologic and musculoskeletal examinations and gait analysis, and prescribing simple gait aids</li> <li>• This EPA includes using and interpreting appropriate fall risk and balance assessments such as gait speed, Berg Balance Scale (BBS) and Timed Up and Go (TUG) test. It also includes a comprehensive assessment of modifiable and nonmodifiable extrinsic and intrinsic risk factors to guide fall risk management, and integrating the assessments of interprofessional team members</li> <li>• The observation of this EPA is divided into two parts: gait analysis and balance assessment; fall risk assessment and management</li> <li>• Gait analysis and balance may be observed in a simulation setting</li> </ul>
<p><b>Target</b></p> <ul style="list-style-type: none"> <li>• Collect 3 observations of achievement</li> <li>• At least 1 movement disorder</li> <li>• At least 2 in clinical setting</li> <li>• At least 1 by a geriatrician</li> </ul>
<p><b>Case presentation</b></p> <ul style="list-style-type: none"> <li>• movement disorders; MSK disorders; sensory impairment; cerebellar/ataxic; NPH; vascular (stroke/subcortical); orthostatic hypotension; multiple medications; cognitive impairment</li> </ul>
<p><b>Setting</b></p> <ul style="list-style-type: none"> <li>• inpatient unit; day hospital; outpatient clinic; inpatient consult</li> </ul>
<p><b>Assessor</b></p> <ul style="list-style-type: none"> <li>• geriatrician; care of the elderly physician; physiatrist; neurologist</li> </ul>
<p><b>Milestones in Elentra</b></p> <ul style="list-style-type: none"> <li>• ME 2.2 Perform an MSK examination appropriate to the patient presentation</li> <li>• ME 2.2 Perform a neurological examination appropriate to the patient presentation</li> <li>• ME 2.2 Perform gait analysis and balance assessment including a description of the patient’s gait using a systematic approach</li> <li>• ME 2.2 Interpret the results of gait and balance screening tools including gait speed, BBS, and TUG test</li> <li>• COL 1.1 Respond appropriately to input from other health care professionals as it relates to balance and gait</li> <li>• COL 1.2 Make effective use of the scope and expertise of other health care professionals</li> </ul>