



Geriatric Medicine

Donor Generosity Enables Expansion of Residency Program

As Peter Cipriano's parents grew older and were treated at Sunnybrook for multiple medical conditions, he came to recognize the value of the holistic approach the hospital's geriatricians brought to their care. In appreciation, Peter has become a passionate supporter of Sunnybrook's Division of Geriatric Medicine and has encouraged his community and business colleagues to lend their support as well.

Peter is president of the Irpinia Club of Toronto, which celebrates the rich diversity of Italian culture in Canada. Each year, Peter directs proceeds from the club's Summer Picnic and Ballo Autumnale events to support geriatric medicine at Sunnybrook, and donates personally as well. Peter's efforts have resulted in more than \$1.7M invested into geriatric medicine at Sunnybrook since 2012.

With the support of Peter Cipriano and the Irpinia Club, and in collaboration with the Sunnybrook Foundation, the division has been able to expand and create an additional residency position for July 2017!



The Division welcomed Peter and his wife, Dureen, as guests of honour at the Dec 7 annual retreat (see next item).

Annual Retreat: Providing Feedback to Learners (Dec 7)

The annual division retreat was hosted at the Hyatt Regency in December and the theme for this year's event focussed on the intricacies of feedback within the context of Competence By Design (CBD) medical education. The event was well attended and brought together faculty and trainees to share updates regarding key initiatives and participate in an interactive workshop.

Keynote presenters and workshop leads, Dr. Susan Glover Takahashi and Dr. Rebecca Dubé ([click to download bios](#)), highlighted how developing a positive culture of feedback is an integral component of both CBD and faculty development. In exploring the role of data, and how both providing and receiving feedback can be challenging, Rebecca offered some practical, evidence-based tips for feedback mechanics:



1. Ask if feedback is wanted (yes/no, now/later)
2. Consider performance & educational goals
3. allot sufficient time
4. Choose a private setting
5. Label activity as "feedback"
6. Engage in reflection/analysis
7. Use clear, plain language
8. Factually describe performance - "data is not feedback"
9. Focus your messages
10. Coach for improvement

Thank you to each of the presenters for sharing your knowledge and expertise:

- **Dr. Paula Rochon**, "Mentorship and Geriatric Medicine: Making Connections"
- **Dr. Thiru Yogaparan, Dr. Yaser Habeeb**; "Medical School Geriatrics Curriculum"
- **Dr. Yaser Habeeb, Dr. Nathan Stall**; "Goodbye PPI", PGY5 QI project
- **Dr. Camilla Wong**, "Consultation Letter Rating Scale Project"
- **Dr. Susan Glover Takahashi, Dr. Rebecca Dubé**, "Improving the Culture and Practice of Feedback"



All presentations, including supplementary materials, are posted on the program's portal (see "AHD & Edu. Events").

International Conference on Residency Education (Sept 29-Oct 1)

The International Conference on Residency Education (ICRE) was hosted in Niagara Falls and provided an opportunity for clinical educators and physicians to explore topics related to this year's theme, "Advancing quality: aligning residency education and patient care". A unique offering of this event is the resident focussed International Resident Leadership Summit (IRLS) stream that runs in parallel.

Dr. Jillian Alston and **Dr. Yaser Habeeb** attended proceedings with support from both the DoM and the Division. Below, are some highlights and pearls of wisdom from the sessions that they attended:

- Evidence demonstrates linkage between leadership and health services outcomes, including quality of care, patient satisfaction and mortality, organizational financial performance as well as staff well-being and engagement
- Not just a trend, QI is a framework to improve health care delivery and a component of good leadership
- Use SMART objectives to drive successful change (Specific, Measurable, Attainable, Relevant, Time-bound)
- A good leader requires good time management - [click to download physician tips](#)



The resource stewardship session was a highlight for Jillian. Presenters Drs. A Verma (UofT) and C. Hillis (McMaster) noted that physicians play an important role in this area and can focus on appropriate allocation of resources to optimize patient outcomes whilst achieving value for health care dollars. Why does Canada have poor value for healthcare spending when compared to other OECD countries? What can geriatricians do? Jillian offers her thoughts as well as an example of how **Dr. Carol Ott** has effectively reduced the cost of wound care at Baycrest - [click here to read more!](#)

UPDATE: Residency Program Committee Key Messages



- With an additional residency position made possible through the abovementioned generous donation, 5 trainees were accepted via the CaRMS match: **Dr. Evelyn Cheung, Dr. Amanda Goldberg, Dr. Katie Krause, Dr. Kenneth Lam, Dr. Richard Norman**
- To support recruitment for current opportunities across all sites, and in light in national match results, a new program goal is to recruit academically oriented residents
- To enhance scholarly opportunities available to trainees, please forward any potential ready-state projects that may of interest to residents, [send us an email](#)
- When scheduling ASCM sessions, please try to limited resident teaching to months when the resident is on rotation at your site

Geriatric Trainee Trust Fund: The Gift of Knowledge

As the holiday season is upon us, and in the spirit of giving, we invite you to donate to the Geriatric Medicine Trainee Trust Fund. Donations help to support training and educational initiatives for residents, including educational resources, speaker honoraria and networking opportunities - truly a gift that keeps on giving!!! Charitable tax receipts will be issued.

Donating online is easy!

1. Visit <https://donate.utoronto.ca/give/show/99>
2. Find "Geriatric Trainee Trust Fund" in the listed options;
3. Enter an amount (\$) to donate and click "Add to cart"

4. Confirm cart contents (see right, same page) and click "Continue"
5. Enter your information
6. Click "Review and Checkout" and follow prompts to complete transaction

On behalf of the trainees, thank you for your consideration.

AWARDS & HONOURS

Dr. Camilla Wong was recently recognized by St. Michael's and received the **Values in Action Award in Excellence** - an honour well deserved that reflects her dedication in all areas.



Congratulations to the most recent additions to the pool of RCPSC certified geriatricians:

Dr. Amanda Gardhouse, Dr. Grace Leung, Dr. Stephanie Siu, Dr. Jennifer Watt, Dr. Martha Carmichael and Dr. Dilpriya Mangat!



Here they are some, celebrating post-exam:



The RGP of Toronto has recognized **Dr. Rory Fisher's** enduring contribution to geriatrics by establishing an annual lecture in his name. [Read his tribute here.](#) Dr. Wendy Levinson delivered the inaugural lecture, "[Choosing Wisely Canada: The Essential Role of Geriatric Services](#)", at the RGP's November Annual General Meeting at the Vaughan Estate.

SOCIAL COMMITTEE & ADVOCACY UPDATE

Shangri-La High Tea (Oct 29)

Following Mount Sinai Hospital's successful "Geriatrics Update Course", division members gathered at Shangri-La Hotel:



The next social event will be the 4th Annual Hot Chocolate & Skating Party - Feb/Mar date, and additional details, to be announced via email.

Help 'Cognitive Enhancers' Raise Awareness and Funds for Alzheimer Society of Toronto



The Alzheimer Society's annual event, Walk for Memories, is approaching and the UofT Chapter of the Resident Geriatrics Interest Group (RGIG) '*Cognitive Enhancers*' team needs your support!

Last year, Division members helped the '*Cognitive Enhancers*' to raise \$3,000+ for the Alzheimer Society of Toronto initiatives that provide supportive care, educational programs, and fund innovative research. You can [join the team](#) to walk alongside colleagues, family and friends and help to raise funds and awareness AND/OR [donate funds](#) to a team member:

[Click to Support Cognitive Enhancers Now](#)

Walk for Memories
Saturday, January 28, 2017
9:00am-12:00pm

New location: Metro Convention Centre (222 Bremner Blvd)
2km route is indoors!

Cognitive Enhancers Team Lead: [Dr. Katie Krause \(katie.krause@mail.utoronto.ca\)](mailto:katie.krause@mail.utoronto.ca)

Upcoming Events

- **Executive Committee** Wed, Dec 28; 5:30-6:30 via teleconference
- **Baycrest Rounds** Thurs, Jan 5; 12:00pm-1:00pm (OTN# 57029703)
- **Baycrest Rounds** Thurs, Jan 19; 12:00pm-1:00pm (OTN# 57029865)
- **Combined University Mock Exam** Mon, Jan 23 AHD
- **RPC** Wed Jan 25; 5:30-6:30
- **Journal Club** Fri, Jan 27; 8:00am-9:00am (OTN# 59541711)
- **Alzheimer's Society 'Walk for Memories'** Sat, Jan 28; 9:00am-12:00pm (NEW LOCATION: Metro Convention Centre) - see "Social Committee & Advocacy Update" above for additional details

- **Baycrest Rounds** Thurs, Feb 2; 12:00pm-1:00pm (OTN TSM# 57029933)
- **Combined University Mock Exam - REVIEW** Mon, Feb 6 AHD
- **Resident Call Subcommittee** Feb 2017 date to be announced via email
- **Baycrest Rounds** Thurs, Feb 16; 12:00pm-1:00pm (OTN# 57030942)
- **Executive Committee** Wed, Feb 22; 5:30pm-6:30pm via teleconference
- **Journal Club** Fri, Feb 24; 8:00am-9:00am (OTN# 59541848)
- **Baycrest Rounds** Thurs, Mar 2; 12:00pm-1:00pm (OTN# 57031126)
- **Visiting Professor: Dr. David Oliver** Wed, Mar 1 - SHSC rounds and special resident session to be announced via email
- **RPC** Wed, Mar 29; 5:30pm-6:30pm via teleconference
- **Journal Club** Fri Mar 31; 8:00am-9:00am (OTN# 59541938)
- **Baycrest Rounds** Thurs, Apr 6; 12:00pm-1:00pm (OTN# 57031285)

ANNOUNCEMENTS

After completing residency training in June, **Dr. Martha Carmichael** has a new role! Martha and partner, Matthew Kutcher, celebrated the arrival of Ruby Sula Carmichael Kutcher (8lbs 6oz) on October 19.





Dr. Jillian Alston (PGY5) and partner, Chris Kandel, welcomed daughter Avery Marie Kandel on October 27. Avery recently completed her first rounds at her mom's longitudinal clinic at SMH with Dr. Marisa Zorzitto.



RECRUITMENT OPPORTUNITY

The Beryl & Richard Ivey Research Chair in Aging, Mental Health, Rehabilitation and Recovery

Western University, in partnership with the Lawson Health Research Institute, are accepting applications for the abovementioned academic research position. The Selection Committee will accept applications until the position is filled.

See job posting for additional details:

[Click here to download the job posting](#)

DIVISION PUBLICATIONS

We are pleased to feature the following **resident publication**:

[Time to follow-up of an abnormal mammogram in women with diabetes: a population-based study.](#) **Habeeb SY**, Fung K, Fischer HD, Austin PC, Paszat L, Lipscombe LL. Cancer Med. 2016 Nov;5(11):3292-3299. doi: 10.1002/cam4.892.

To access recent publications by your colleagues, click link below:

[Publications \(Sept-Dec 2016\)](#)



Have an upcoming event or announcement to share with the division?

Send details to:

liis-ann.klein@sunnybrook.ca