

**Physical Medicine & Rehabilitation
University of Toronto
Rotation Specific Objectives
Geriatric Medicine & Rehabilitation**

For this 2-Block rotation, please FOCUS the evaluation on the following CanMEDs roles:

1) Medical Expert; 2) Communicator; and 3) Manager.

Rotational Goals:

- To provide residents with a broad exposure to the continuum of inpatient (acute care and rehabilitation), outpatient, and community geriatric care services
- To equip residents with an approach to the assessment and management of common geriatric syndromes across the health care system
- To allow residents to develop skills in assessing and managing morbidities and complications in various acute care and rehabilitative contexts
- To promote residents' appreciation of the biopsychosocial issues encountered in acute care and rehabilitative geriatric medicine

Medical Expert

By the end of the rotation the resident will be able to:

- Demonstrate an understanding of the normal aging process, including the physiology, biology, and psychology of aging
- Demonstrate an understanding of frailty and its impact on medical and surgical recovery, as well as rehabilitation potential
- Appropriately perform a comprehensive geriatric assessment
- Demonstrate an organized approach to the assessment, investigation, and management of the geriatric patient with (but not limited to): cognitive impairment, delirium, responsive behaviours, frailty, functional decline, recurrent falls, polypharmacy, urinary incontinence, constipation, chronic pain, malnutrition, hip fracture, low bone density, chronic kidney disease
- Demonstrate an approach to discharge planning of the older patient, including evaluation for rehabilitation, safety to return to community with or without supports, and/or long term care
- Demonstrate an approach to capacity assessment of an older patient with cognitive impairment
- Recognize the role of palliation and end of life care in geriatric medicine

Communicator

By the end of the rotation the resident will be able to

- Effectively gather historical and collateral information from patients, families, and health care providers

- Communicate to patients, families, and other health professionals for collaborative patient centered care
- Demonstrate an understanding of the communication process between health care facilities that allow for a) patient transfers; and b) appropriate patient selection/rejection for rehabilitation
- Discuss end of life plans with the patient and/or family with empathy, sensitivity, and accuracy

Collaborator

By the end of the rotation the resident will be able to:

- Demonstrate an understanding of the roles and geriatric expertise of each interdisciplinary team member, as it pertains to geriatrics medicine and rehabilitation
- Work with the health care team to plan a comprehensive discharge plan to optimize patient centered care
- Appropriately facilitate transitions in care across the health care system and community

Manager

By the end of the rotation the resident will be able to:

- Demonstrate an understanding of, and justify the utility of, the various models of geriatric care
- Demonstrate an understanding of transitions in care from acute, rehabilitative, and community settings
- Prioritize diagnostic investigations and treatment options appropriately
- Adapt to the variations in resources, limitations, and capabilities of the acute, in/outpatient, home and community environments

Health Advocate

By the end of the rotation the resident will be able to:

- Support frail and vulnerable older adults by understanding and facilitating care services across the continuum of geriatric care
- Problem solve common patient barriers to geriatric care and rehabilitation
- Demonstrate an appreciation of the fact that elderly patients can benefit from a variety on geriatric services and advocate for their inclusion in appropriate programs

Scholar

By the end of the rotation the resident will be able to:

- Search, evaluate, and utilize appropriate evidence to guide clinical management of common issues encountered in the geriatric acute, rehabilitative, and community settings
- Demonstrate understanding of the evidence for the effectiveness of various geriatric models of care on health and practice outcomes

Professional

By the end of the rotation the resident will be able to:

- Display appropriate attitudes towards elderly patients and colleagues
- Demonstrate sensitivity and professionalism in challenging psychosocial and ethical situations (e.g. capacity, driving, feeding tube insertion, end of life discussions)
- Demonstrate a commitment to patients and their families, as well as their profession and society, through ethical practice
- Complete clinical, administrative, and curricular tasks promptly