



**DIVISION OF PHYSIATRY  
PHYSICAL MEDICINE AND REHABILITATION**

**Department of Medicine  
University of Toronto**

**JOURNAL CLUB ARTICLES  
2013 – 2014**

<b>Date</b>	<b>Submitted by:</b>	<b>Journal Title</b>	<b>Author(s)</b>
September 20, 2013	Dr. Marcus Jansen, Sports Medicine Resident	A randomized comparative study of short term response to blind injection versus sonographic-guided injection of local corticosteroids in patients with painful shoulder	Esperanza Naredo, Felix Cabero, Pedro Beneyto, Ana Cruz, Belen Mondejar, Jacqueline Uson, Mercedes J. Palop and Manuel Crespo
October 18, 2013	Dr. Shane Journeay	Treatment of trigger finger: randomized clinical trial comparing the methods of corticosteroid injection, percutaneous release and open surgery	Edson S. Sato, Joao B. Gomes dos Santos, Joao C. Belloti, Walter M. Albertoni and Flavio Faloppa
November 15, 2013	Dr. Najam Mian	Comparison of Autologous Conditioned Plasma Injection, Extracorporeal Shockwave Therapy, and Conventional Treatment for Plantar Fasciitis: A Randomized Trial	Kelvin Tai Loon Chew, Darren Leong, Cindy Y. Lin, Kay Kiat Lim, Benedict Tan
December 13, 2013	Dr. Sivakumar Gulasingam	Exertional Leg Pain in the Athlete	Sathish Rajasekaran, Kylie Kvinlaug, Jonathan T. Finnoff
December 13, 2013	Dr. Peter Broadhurst	Central Sensitization. Uncovering the Relation between Pain and Plasticity	Jeyaraj D. Pandian, Paramdeep Kaur, Rajni Arora, Dheeraj K. Vishwambaran, Gagan Toor, Santhosh Mathangi, Pamidimukkala Vijaya, Ashok Uppal, Tanvinder Kaur, Hisatomi Arima
January 17, 2014	Cancelled		
February 21, 2014	Dr. Sari Kraft Sports Medicine Resident	Effect of Corticosteroid Injection, Physiotherapy, or Both on Clinical Outcomes in Patients With Unilateral Lateral Epicondylalgia	Brooke K. Coombes, Leanne Bisset, Peter Brooks, Asad Khan, Bill Vicenzino

Date	Submitted by:	Journal Title	Author(s)
March 28, 2014	Dr. Alan Tam	Antibiotic Treatment in Patients with Chronic Low Back Pain and Vertebral Bone Edema (Modic Type 1 Changes): A Double-Blind Randomized Clinical Controlled Trial of Efficacy	Hanne B. Albert, Joan S. Sorensen, Berit Schiott Christensen, Claus Manniche
April 18, 2014	Cancelled		
May 16, 2014	Cancelled		
June 20, 2014	Cancelled		