



DIVISION OF PHYSICAL MEDICINE AND REHABILITATION

Department of Medicine
University of Toronto

June 2018

Monthly update Newsletter

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1. Congratulations to CAPM&R Award winners

Congratulations are extended to the multiple award winners who presented at the CAPM&R meeting in Whitehorse, Yukon recently. We had very good representation from our division at the conference as well as for the awards presentations.

We were pleased to see the following awards:

- Meiqi Guo and team, Paper of the Year on, “Medical Safety Huddles in Rehabilitation – A Novel Patient Safety Strategy”.
- Larry Robinson and team, CAPM&R First Place Podium Presentation on, “The Impact of Introducing a Physical Medicine and Rehabilitation Trauma Consultation to Canadian Academic Level 1 Trauma Centre”.
- Audrey Yap received best teacher award for her strong work Canadian Review Course in PM&R.
- Jordan Silverman, Third Place Podium Presentation for the Resident Essay Contest for “Upper Extremity Nerve Transfers in Cervical Spinal Cord Injury”.
- Yuvreet Kaur and team, Medical Student, First Place Review Oral Presentation for her poster entitled, “Physical Function Outcomes in Patients with Lower Limb Amputations due to trauma: A Systematic Review”.



There were also many other excellent presentations given by our faculty during the conference.

Next years' CAPM&R Conference will be held in Ottawa from May 29-June 1, 2019.

2. PM&R Pioneers interviewed

For those of us who are too young to have known them, there are a number of important pioneers who brought physical medicine and rehabilitation to Toronto. Recently, we had the opportunity to interview three of them: Charles Godfrey,



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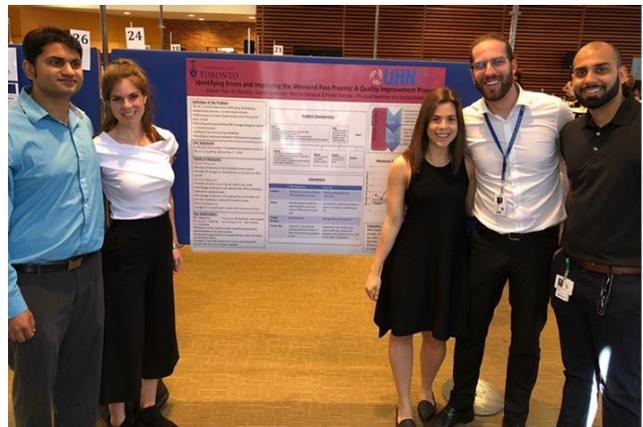
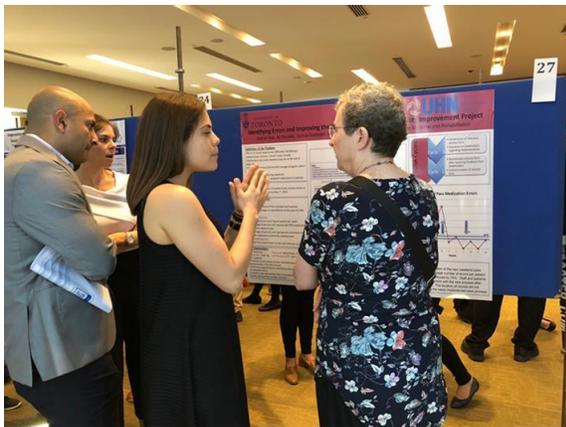
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Douglas Biggar, and Jose Jimenez. Our consultant, Iris Kulbatski, has prepared a report on her interviews which is attached. This can also be viewed on our University of Toronto Webpage under “News” on the front page of PM&R at:

<http://www.deptmedicine.utoronto.ca/physical-medicine-and-rehabilitation>

3. Resident QI Team wins Best Poster Award at the Department of Medicine Presentation Day

Congratulations to our resident team who won the Best Poster Award at the Department of Medicine Presentation Day for co-learning curriculum in quality improvement on May 28th. Ali Rendely, Pinder Sahota, McKyla McIntyre, Adarsh Rao and Joshua Goldstein won the Best Poster Award in the Department of Medicine for their presentation on, “Identifying Errors and Improving the Weekend Pass Process; A Quality Improvement Project.” Congratulations are also extended to their supervisors who provided them with very helpful guidance during the process.



4. New PM&R Chief Team

We are pleased to announce the new 2018-2019 PM&R Chief Resident Team. After a vote amongst the residents, Ali Rendely and McKyla McIntyre will serve as co-chief residents and Jason Liang will serve as the residency program council (RPC) representative. We are looking forward to working with this excellent team of leaders.





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5. Best wishes to Hadi Shojaei

Dr. Hadi Shojaei received his Medical Doctorate in 1995 from Tehran University, Iran. He then attained specialty certification in Physical Medicine and Rehabilitation in 2002, and came to Canada when he was accepted as a clinical fellow in Chronic Pain Management at the Comprehensive Pain Program of the Toronto Western Hospital by Dr. Angela Mailis (2010-2012). Hadi joined the Pain & Wellness Centre, working with Dr. Mailis and her team as a Physician Assistant in 2015-2016. He then completed a 2-year clinical fellowship of Comprehensive Integrated Pain Program at Toronto Rehabilitation Institute with Dr. John Flannery and the Pain & Wellness Centre with Dr. Angela Mailis (2016-2018).

He successfully completed all the Medical Council of Canada requirements and obtained his LMCC in 2017. He is known as a warm and congenial individual who always cares the most for his patients. Effective July 1, 2018, Dr. Shojaei will be Assistant Professor at the Northern Ontario School of Medicine.



6. Congratulations to Graduates

We will miss our residents and fellows who are completing their training in June 2018. These include:

- Ida Cavaliere
- Hamed Ghotbi
- Rob Hastings
- Pam Joseph
- Shannon MacDonald

You have been part of our family for the last 5 years and we wish you well. Congratulations on completion of your training.

In addition, the following fellows completed their Fellowships on June 30, 2018:

- Abdulhamid Hamad, Chronic Pain Rehab
- Orith Karny-Rahkovich, Cardiac Rehab
- Hadi Shojaei, Chronic Pain Rehab

Not all of the trainees were able to attend the Department of Medicine Graduation Ceremony on June 21st but below are some photos from those who were able to be there.



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7. Device designed for wounded soldiers now helping civilians regain mobility

Dr. Amanda Mayo recently talked on CTV national News about a new innovation allowing people with mobility issues to get around easier. Please view the link at:

<https://www.ctvnews.ca/health/device-designed-for-wounded-soldiers-now-helping-civilians-regain-mobility-1.3976824>

8. Chris Boulias discusses spasticity in the Toronto Star

We were pleased to see Chris Boulias discuss spasticity recently in the Toronto Star. This article did a very good job of explaining spasticity in clear terms for the public. It can be seen at:

https://www.thestar.com/life/health_wellness/analysis/2018/06/25/the-unknown-debilitating-stroke-side-effect-many-doctors-dont-recognize.html

It is also posted on the DoM website at <http://www.deptmedicine.utoronto.ca/node/1508>

9. Andrea Furlan published in The Conversation

Dr. Andrea Furlan was published in The Conversation recently regarding cannabis and drug-impaired driving which can be seen at the following link: <https://theconversation.com/even-if-cannabis-is-legal-please-dont-toke-and-drive-97992>

It is also published it to the DOM website: <http://www.deptmedicine.utoronto.ca/node/1496>

10. U of T Faculty and Residents enjoy Yukon wildlife

A number of faculty and residents enjoyed the wildlife in the Yukon and some of them even started to look like wildlife!

One of Larry Robinson's "Bucket List" items was to feed an adult moose; he can now check this off his list.



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Please feel free to send items of interest to Larry Robinson and Nancy Riley if you have anything you would like to include in future Newsletters.

HAPPY SUMMER EVERYONE!

We will see you in September.

A handwritten signature in purple ink that reads "Larry Robinson".

Larry Robinson MD
Chief, Rehabilitation Services
John and Sally Eaton Chair in Rehabilitation Science