**Your Preferences for a Mentor**

**Section 1**

\*Required

**Please enter your full name.\***

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **From which division would you prefer to have a mentor? (please check all that apply)\***

[ ]  Cardiology

[ ]  Critical Care

[ ]  Dermatology

[ ]  Emergency Medicine

[ ]  Endocrinology & Metabolism

[ ]  Gastroenterology

[ ]  Geriatrics

[ ]  General Internal Medicine

[ ]  Immunology & Allergy

[ ]  Medical Oncology

[ ]  Nephrology

[ ]  Physical Medicine and Rehabilitation

[ ]  Respiratory Medicine

[ ]  Rheumatology

[ ]  No preference

1. **We all have unique social identities including and not limited to: race, ethnicity, religion, sexual identity, socio-economic background, disability, etc. Will you be interested in having a mentor with your unique social identity?**

[ ]  Yes

[ ]  No

2b. If yes, what social identities would you be interested in receiving specific support for? (select any that apply, or free text)

[ ]  Race

[ ]  Ethnicity

[ ]  Religion

[ ]  Sexual identity

[ ]  Socio-economic background

[ ]  Disability

1. **We are offering different models of mentoring. Which model would you like to participate in? (mark only one circle select all that apply)\***

[ ]  1 on 1 mentorship (dyad)

[ ]  Peer mentorship (i.e. peer mentors only)

[ ]  Facilitated peer mentorship (i.e. peer mentors + facilitator)

[ ]  Doesn’t matter

1. **Would you be interested in a workshop and/or resource with tips on any of the following categories? (please check all that apply)**

[ ]  Thriving in medicine

[ ]  Career development

[ ]  Navigating the department

1. **Is there anything that the Faculty of Medicine can do to help facilitate your mentorship needs?**

**Section 2**

1. **Please rank how relevant each of the following categories are to you in regards to what you are looking for in a mentor:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **1 – Least important** | **2** | **3** | **4** | **5 – Most important** |
| Wellness and psychosocial support | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Research | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Clinical | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Teaching | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Career advancement (e.g. promotions, etc.) | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Other | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |

1. **Within each of these categories, rank what you hope to gain the most from your mentorship. Rank each item from most important to least important.**

Wellness and Psychosocial Support

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **1 – Least important** | **2** | **3** | **4** | **5 – Most important** |
| Emotional management | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Preventing physician burnout | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Physician wellness | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Work-life balance | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Navigating transitions | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |

Career advancement

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **1 – Least important** | **2** | **3** | **4** | **5 – Most important** |
| Leadership/management skills | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Professional visibility | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Increasing/broadening professional network | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Navigating national/international organizations | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Communication/negotiation | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Promotion | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Administrative support | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |

 Research

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **1 – Least important** | **2** | **3** | **4** | **5 – Most important** |
| Attracting trainees | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Building a lab | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Getting funding and awards | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Productivity and publication | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |

 Clinical

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **1 – Least important** | **2** | **3** | **4** | **5 – Most important** |
| Leading and teaching a clinical team, clinical leaners, etc. | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Refining and developing clinical skill sets | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Managing clinical administrative burden | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Patient-physician interaction | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |

 Teaching

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **1 – Least important** | **2** | **3** | **4** | **5 – Most important** |
| Serving as a teacher and/or mentor | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Formal/informal teaching opportunities | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Gaining recognition for teaching contributions | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| Quality of teaching | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |

1. **Is there anything you hope to gain from your mentorship related to research, teaching and/or clinical areas that is not listed above?**
2. **What style of mentoring would be most effective for you? (please check all that apply)**

[ ]  Guiding

[ ]  Directive

[ ]  Advising

[ ]  Role model