



**DIVISION OF PHYSICAL MEDICINE AND
REHABILITATION**
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**JOURNAL CLUB ARTICLES
2020 – 2021**

Date	Submitted by:	Journal Title	Author(s)
Sept 18, 2020	Michael Catapano/Andrea Furlan	Platelet-Rich Plasma Injections for Nonsurgical Management of Carpal Tunnel Syndrome	Catapano M, Catapano J, Borschel G et al
Oct 16, 2020	Dhinesh Sivananthan	Effects of Intensive Versus Standard Ambulatory Blood Pressure Control on Cerebrovascular Outcomes in Older People	White W. B., Walkefield D. B., Moscufo N et al
Jan 15, 2021	Jason Liang with Chris Boulias and Sivakumar Gulasingam	Optimal Muscle Selection for Onabotulinumtoxin A Injections in Poststroke Lower-Limb Spasticity	Esquenazi A, Wein TH, Ward AB et al
Mar 19, 2021	Geoff Hartin with Dale Dantzer and Nimish Mittal	Surgery for shoulder impingement: a systematic review and meta-analysis of controlled clinical trials	Khan M, Alolabi B, Horner N et al
Apr 16, 2021	Alyssa Komar with Julio Furlan and Colleen McGillivray	Safety and efficacy of riluzole in patients undergoing decompressive surgery for degenerative cervical myelopathy (CSM-Protect): a multicentre, double-blind, placebo-controlled, randomised, phase 3 trial	Fehlings MG, Badhiwala JH, Ahn H et al
May 21, 2021	Stephen Szeto with Chris Fortin and Jordan Silverman	The champagne toast position isolates the supraspinatus better than the Jobe test: an electromyographic study of shoulder physical examination tests	Chalmers PN, Cvetanovich GL, Kupfer N et al
Jun 18, 2021	Elysia Adams with Nimish Mittal and Medha Soowamber	Effect of resistance training on muscle properties and function in women with generalized joint hypermobility: a single-blind pragmatic randomized controlled trial	Luder G, Aeberli D, Mueller Mebes C et al