

# What is CBD?

Competency By Design is the Royal College's model of Competence-Based Medical Education (CBME) which is an educational model that is...

- More oriented to outcomes rather than time in training (i.e. what trainee can DO)
- More flexible to learners' prior skills and current needs
- Training using a coaching approach with more regular feedback & entrustment decisions
- Enhanced **tracking** of learners' progress and performance

### What is an EPA?

An Entrustable Professional Activity is a **unit of work** actually done during the clinician's day (e.g., admit a patient to hospital, carry out a procedure, lead a family meeting)

- There are **29 EPAs** for the PGY1-4 Internal Medicine training program
- Each EPA gets assessed several times for each resident
- Each EPA is made up of several "milestones"
- The EPAs increase in **complexity** through stages

# Learn more about EPAs and CBD:

**READ** Factsheets: CBD Terminology Click <u>here</u> Improving feedback tips: Click here

WATCH an eModule on: CBD in Internal Medicine: Click <u>here</u> to watch

EPAs 101: Click here

#### VISIT

www.deptmedicine.utoronto.ca/cbme

for general information on resources and events.

Questions? CONTACT us at im.cbd@utoronto.ca



# Internal Medicine

Primer for EPA COD 11B - Supervising junior learners in the clinical setting: **RUNNING THE TEAM** 

This **Core of Discipline - COD EPA 11B (PGY2&3)** focuses on the resident's ability to run the CTU team, as assessed by their supervisor. It includes the informal teaching that occurs in the clinical (bedside) setting, and includes ensuring safe patient care by the junior learners under their responsibility.

## EPA MILESTONES: COD11B Running the Team

- 1. Carry out professional duties in the face of multiple, competing demands
- 2. Use strategies for deliberate, positive role-modelling
- 3. Delegate tasks and responsibilities in an appropriate and respectful manner
- 4. Ensure a safe learning environment for all members of the team
- 5. Supervise learners to ensure they work within their limits, providing guidance and supervision when needed
- 6. Manage time and prioritize tasks
- 7. Demonstrate efficiency and effectiveness in running the physician team

# HOW TO COMPLETE AN EPA ASSESSMENT:

- 1. You or the resident initiate the assessment. The assessment may be based on direct observation or case discussion.
- 2. You or the resident sign onto Elentra, and provide the assessment demographics. This can be done on the mobile phone or computer top.
- 3. From the list of milestones pertinent to the EPA, choose 2-3 milestones that are relevant to the activity, and indicate their performance level on each milestone you assessed, using the entrustment scale. You are not required to cover all milestones, but are welcome to.



GLOBAL ENTRUSTMENT SCALE (Autonomous and Consultancy levels are entrustable)

- 4. Using the global entrustment scale, decide whether the resident can be entrusted overall to perform this activity with a similar case in the future. In general, residents are not expected to be entrustable early in a new stage of training, although this particular tool verifies skills that should have been learned in medical school.
- 5. Describe 2-3 strengths and 2-3 actions, or areas for improvement. Please provide detailed and actionable comments based on your observations of their performance.
- 6. Discuss your feedback with the resident.