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DIVISION OF GERIATRIC MEDICINE  
DEPARTMENT OF MEDICINE

Issue 4  
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# GERIATRIC MEDICINE

at the University of Toronto



## Welcome Message from Division Director

As we start our new academic year, we have an opportunity to reflect on the tremendous achievements of our Division members over the past year.

We have an amazing Division and members have achieved excellence and been awarded for their efforts in education (e.g. Camilla Wong), patient care (e.g. Marisa Zorzitto) and research (e.g. Barbara Liu). Colleagues have been involved with implementing new services at their hospitals (e.g. Samir Sinha and Heather Gilley) and developing new educational opportunities for trainees (e.g. Mireille Norris and Thiru Yoganathan).

As a Division, we have published more than 100 peer re-

viewed articles over the past year. Moreover, Division members have developed collaborative scholarly projects across multiple hospitals including the STACER project led by Camilla Wong and the MOVE IT project led by Barbara Liu.

In addition, two of our fantastic trainees (Dov Gandell and Joanne Ho) were recognized nationally at the CGS for their outstanding achievements in geriatric medicine and two medical students (Andalib Haque, Daniel Soong) supervised by Camilla Wong received the Tri University Research Award. This year, we welcome 11 subspecialty trainees - a tribute to the efforts of all of you and especially to our program director, Barb.

Thank you for your dedication and commitment; you are wonderful colleagues and your contributions to the clinical, education and research missions of our hospitals and University are amazing!

It has been a privilege to celebrate the accomplishments of our faculty and residents with you over the last year and I look forward to many more celebrations over the next year.

*Sharon*

# Roll out the Red Carpet! 2010/2011 Awards & Distinctions

We put out a call to all sites to share news of faculty and students that received recognition for their hard work and dedication to excellence during the 2010/11 academic year. Please join in celebrating the following accomplishments:



## FACULTY

### Arlene Bierman

- Invited visiting professor - Centre for Gender Medicine, Karolinska Institute (Sweden)

### Barry Goldlist

- Ronald Cape Distinguished Service Award - Canadian Geriatrics Society

### Barbara Liu

- Excellent Teacher (distinction) - Core Medicine onsite view

### Gary Naglie

- Best International Poster - American Geriatrics Society Annual Scientific Meeting

### Sharon Straus

- Robert Hyland Award for Mentorship - University of Toronto, Dept. of Medicine
- Complete Physician Award - St. Michael's

### Camilla Wong

- Postgraduate Outstanding Teacher Award - University of Toronto Fitzgerald Academy, Dept. of Medicine
- Teacher of the Year Award - University of Toronto, Division of Geriatric Medicine

### Marisa Zorzitto

- Commitment and Dedication to the Care of Older People Award - University of Toronto, Division of Geriatric Medicine (inaugural)

## GRADUATE STUDENTS & TRAINEES:

### Joanne Crawford (Arlene Bierman, Supervisor)

- Ontario Training Centre Program in Health Services and Policy Research Collaborative Program (2009-2011)
- de Souza Fellowship - de Souza Institute (2009-present)

### Karen D'Silva

- Successfully passed RCPSC Internal Medicine exams

### Katie Dainty (Sharon Straus, Supervisor)

- Jump Start Resuscitation Fellowship - Heart and Stroke Foundation of Canada

### Dov Gandell

- Co-Chief Resident
- CGS-Pfizer Resident Award for Excellence

### Agnes Grudniewicz (Sharon Straus, Supervisor)

- Graduate Student Fellowship
- Ontario Training Centre Program in Health Services and Policy Research Collaborative Program

### Andalib Haque & Daniel Soong (Camilla Wong, Supervisor)

- Best Undergraduate Research Presentation - Combined University Research Day in Geriatrics

### Joanne Ho

- CGS-Pfizer Resident Award for Excellence

### Gladys Honein (Arlene Bierman, Supervisor)

- Best Policy Poster - University of Toronto, HPME Research Day

- Doctoral Award - CIHR, Institute for Gender and Health (2008-2011)
- Primary Health Care System Fellow - MOHLTC (2009-2011)

### Monika Kastner

- Rising Star Award - CIHR
- Banting Postdoctoral Fellowship - CIHR

### Magda Lenartowicz (Camilla Wong, Supervisor)

- Keenan Research Centre Summer Student Scholarship

### Tabitha Lulham (Camilla Wong, Supervisor)

- DOM-BMC Educational Information Technology Summer Student Program Award

### Kartika Malik

- Successfully passed RCPSC Internal Medicine exams

### Elizabeth Mui (Camilla Wong, Supervisor)

- CREMS Summer Student Program

### Karen Ng

- Co-Chief Resident

### Vincent Tsui

- Co-Chief Resident

### Nishi Varshney

- Successfully passed RCPSC Internal Medicine exams
- Co-Chief Resident (2011/12)

### Kevin Young

- Successfully passed RCPSC Internal Medicine exams
- Co-Chief Resident (2011/12)

*UofT Reigns at Combined University Research Day in Hamilton!*

*Competing against teams from McMaster, UWO and Waterloo our faculty and trainees demonstrated their collective knowledge by winning the 2011 "Geriatric Jeopardy" Trophy awarded by McMaster (host) in June.*



# Gerimed Boot Camp: "Aging's Not For Sissies"

The inaugural "Aging's Not For Sissies" Geriatric Medicine Boot Camp for the Geriatric Medicine trainees, hosted July 7-8, a fabulous success!

Spearheaded by PGY5s Dov Gandell, Karen Ng and Nishi Varshney, this multi-site initiative was organized to provide exposure to the expertise of faculty at each of the various affiliate sites (Baycrest, St. Michael's, Sunnybrook and UHN/Mount Sinai) and showcase unique aspects of the respective facilities.

Both new and returning trainees gathered and learned from one another over the two-day event. Break time between educational sessions provided great opportunity to mingle over many food events (sushi, BBQ, falafel, and milkshakes).

## Welcome BBQ

The family-friendly BBQ was certainly a highlight on a beautiful warm, summer evening on the patio of the Blythwood room at Sunnybrook. In recognition for contributions towards resident education, 2010/10 Chiefs Dov and Karen presented two awards to faculty members, as voted by the trainee group.

For her ongoing dedication to enrich residents' learning experience, Camilla Wong received the "Teacher of the Year" award (see insert).



Camilla Wong (centre) with Dov Gandell (L) and Karen Ng (R)

Marisa Zorzitto inspired an entirely new category and received the first ever "Commitment and Dedication to the Care of Older People" award (see insert).



Marisa Zorzitto (centre) with Dov Gandell (L) and Karen Ng (R)

The trainees are grateful for the gracious hosting of all four sites and for enthusiastic staff participation across the board. A Boot Camp should not be so much fun.

## Boot Camp by Numbers:

- 585 - number of minutes of educational seminar
- 139 - number of edamame beans consumed at the Sinai sushi lunch
- 13 - number participating staff
- 10 - number of trainees
- 6 - number people under three feet tall attending the Division BBQ on Thursday Night
- 5/5 - the score we gave to Baycrest's rugelach
- 3:00 - time for Milkshakes with Marisa

Special thanks to the behind-the-scenes administrators (Liis-Ann, Laurie, Bessy, Sue and Marla) and to the Division for supporting our venture.

We all look forward to next year's event!



Gerimed Trainees (L-R): — Joanne Ho, Karen Ng, Kevin Young, Vicky Chau, Dov Gandell, Karen D'Silva, Kartika Malik, Dan Liberman, Nishi Varshney, Krupa Mali Dighe, Emily Kwan

## Meet the NEW 2011/12 Trainees!

Many of the faculty have met our new trainees at the July Boot Camp and Welcome BBQ, through placements, Journal Club or the seminar series. If you haven't yet had the pleasure of meeting this fine crew, keep an eye out and be sure to say hello!

### Vicky Chau

- Completed IM residency training at University of British Columbia
- Currently rotating at UHN/MSH

### Diyana Docheva

- Completed IM residency training at University of Ottawa
- Joining program as of Oct. 31, 2011 (UHN/MSH)

### Emily Kwan

- Completed IM residency training at University of Saskatchewan
- Currently rotating at SMH

### Krupa Mali-Dighe

- PGY5 transfer from UWO
- Currently rotating at SHSC

### Dan Liberman

- Completed IM residency training at McGill University
- Currently rotating at Baycrest

# Announcements

## Important: Changes to Faculty Job Descriptions & Teacher Evaluation

Guided by the Department's 2010-2015 strategic plan, the following outlines two important changes in the education domain that affects all faculty as of July 1, 2011.

### 1) NEW TEACHER EVALUATION FORM

The new *Resident Assessment of Teacher Effectiveness (RATE)* form was developed to streamline evaluation of teachers and incorporate key elements identified in the FOM *Best Practices in Teacher Assessment* report. This high-level, comprehensive form will be used in all settings and across all programs.

- This form is accessible from the DOM website <http://www.deptmedicine.utoronto.ca>

### 2) TEACHING EXPECTATIONS FOR ALL JOB DESCRIPTIONS CLARIFIED

Following extensive consultation and alignment with practice plans, materials have been revised to reflect explicit expectations for teaching as well as identifying benchmarks for meritorious activity within DOM.

- To view revised job descriptions, explore the "Faculty" menu on the DOM website <http://www.deptmedicine.utoronto.ca/Faculty/appointments.htm>

Questions or concerns should be directed to Kevin Imrie ([kevin.imrie@utoronto.ca](mailto:kevin.imrie@utoronto.ca)) or Shiphra Ginsburg ([shiphra.ginsburg@utoronto.ca](mailto:shiphra.ginsburg@utoronto.ca)).

## Fall Conferences

Int'l Conference on Residency Education (ICRE) - Quebec City

- Prg. Administrators Track: Sept 21-22
- Pre-Conference Events: Sept 22
- ICRE: Sept 22-24
- Int'l Resident Leadership Summit: Sept 24-25

Visit [RCPSC website](#) for further details

6th Canadian Conference on Dementia (CCD) - Montreal, Oct. 27-29

Submitted abstracts (Sept 16 deadline) will be considered for both oral and poster presentations and are eligible for \$500 "Best Abstract" prize.

- To review abstract criteria +/- or submit online, or to register, please visit [www.canadianconferenceondementia.com](http://www.canadianconferenceondementia.com)

## DEADLINES: RCPSC Awards and Grants

**Teasdale-Corti Humanitarian Award** to recognize selfless and courageous efforts in alleviate human suffering through the provision of high-quality health care or emergency medical services

- deadline for nominations: September 1, 2011 (5pm, EST)

**Medal Awards in medicine and surgery** to recognize original work in clinical investigation and basic science (valued at \$5k)

- deadline for receipt of proposals: September 1, 2011 (5pm, EST)

**Detweiler Travelling Fellowship** to acquire new knowledge or to pursue research at different medical centres Canada or abroad – valued at \$1,750/month for 3-12 months

- deadline for receipt of proposals: September 15, 2011 (5pm, EST)

**International Travelling Fellowship** to acquire new skills or experience at a Canadian medical centre (Fellows residing outside of Canada) or to practice and teach in a less developed country (Fellows residing within Canada) – valued at \$1,750/month for 6-12 months

- deadline for receipt of proposals: September 15, 2011 (5pm, EST)

**Medical Education Travelling Fellowship** to acquire new knowledge and expertise in the field of medical education by visiting an education centre of excellence – valued at \$2,500/month to a max. of \$21,000 (2 month min.)

- deadline for receipt of proposals: September 15, 2011 (5pm, EST)

**Walter C. MacKenzie Fellowship in Surgery** to acquire surgical research or clinical surgical expertise to be applied to the recipient's own clinical surgical practice – valued at up to \$5k/month to a max. of \$15k (prorated)

- deadline for receipt of proposals: September 15, 2011 (5pm, EST)

**Royal College Fellowship for Studies in Medical Education** to further develop as a medical educator in Canada through training in the science of medical education – valued at \$45k over a 12-month funding period

- deadline for receipt of proposals: September 15, 2011 (5pm, EST)

For further information, including eligibility criteria, please visit [RCPSC awards homepage](#) or contact [awards@royalcollege.ca](mailto:awards@royalcollege.ca).

## Upcoming Events

Executive Committee Meeting (Aug 31, 2011–5:30pm via teleconference)

International Conference on Residency Education (CCD) - Montreal

- Wednesday, Aug 31: early bird deadline
- Friday, Sept 16: abstract deadline
- Conference proceedings Oct 27-29

RCPSC Award/Grant Deadline (Friday, Sept 1, 2011) - see insert on page 4

International Conference on Residency Education (ICRE) - Quebec City

- Tuesday, Sept 6: last day to pre-register
- Conference proceedings Sept 21-15

RCPSC Award/Grant Deadline (Thursday, Sept 15, 2011) - see insert on page 4

Dr. Steve Counsell, Visiting Professor/AHD\* (Thurs, Sept 22–Time/location TBD) [Baycrest](#)

Journal Club (Friday, Sept 23–8:00am-9:00am) [St. Michael's, rm. 211-Li Ka Shing](#) (videoconferencing available at Baycrest, Mount Sinai, Sunnybrook)

Program Committee Meeting (Sept 28, 2011–5:30pm via teleconference)

Dr. Rosanne Leipzig, Visiting Professor/AHD\* (Thurs, Nov 3–Time/location TBD) [St. Michael's](#)

*\*Trainee attendance is mandatory at all AHD events*

Have an upcoming event or announcement that you would like to share with the division in an upcoming issue?

Send pertinent details to: [liis-ann.klein@sunnybrook.ca](mailto:liis-ann.klein@sunnybrook.ca)



## Recent Faculty Publications

### [Sensitivity of revised diagnostic criteria for the behavioural variant of frontotemporal dementia.](#)

Rascovsky K, Hodges JR, Knopman D, Mendez MF, Kramer JH, Neuhaus J, van Swieten JC, Seelaar H, Dopper EG, Onyike CU, Hillis AE, Josephs KA, Boeve BF, Kertesz A, Seeley WW, Rankin KP, Johnson JK, Gorno-Tempini ML, Rosen H, Prileau-Latham CE, Lee A, Kipps CM, Lillo P, Piguet O, Rohrer JD, Rossor MN, Warren JD, Fox NC, Galasko D, Salmon DP, **Black SE**, Mesulam M, Weintraub S, Dickerson BC, Diehl-Schmid J, Pasquier F, Deramecourt V, Lebert F, Pijnenburg Y, Chow TW, Manes F, Grafman J, Cappa SF, **Freedman M**, Grossman M, Miller BL.  
Brain. 2011 Aug 2. [Epub ahead of print]  
PMID: 21810890 [PubMed - as supplied by publisher]

[Related citations](#)

### [Open-label study of the short-term effects of memantine on FDG-PET in frontotemporal dementia.](#)

Chow TW, Graff-Guerrero A, Verhoeff NP, Binns MA, Tang-Wai DF, **Freedman M**, Masellis M, **Black SE**, Wilson AA, Houle S, Pollock BG.  
Neuropsychiatr Dis Treat. 2011;7:415-24. Epub 2011 Jul 13.  
PMID: 21792308 [PubMed - in process]

[Related citations](#)

### [Vascular Contributions to Cognitive Impairment and Dementia: A Statement for Healthcare Professionals From the American Heart Association/American Stroke Association.](#)

Gorelick PB, Scuteri A, **Black SE**, Decarli C, Greenberg SM, Iadecola C, Launer LJ, Laurent S, Lopez OL, Nyenhuis D, Petersen RC, Schneider JA, Tzourio C, Arnett DK, Bennett DA, Chui HC, Higashida RT, Lindquist R, Nilsson PM, Roman GC, Sellke FW, Seshadri S; on behalf of the American Heart Association Stroke Council, Council on Epidemiology and Prevention, Council on Cardiovascular Nursing, Council on Cardiovascular Surgery and Anesthesia.  
Stroke. 2011 Jul 21. [Epub ahead of print]  
PMID: 21778438 [PubMed - as supplied by publisher]

[Related citations](#)

### [Exploring Variation in Rates of Polypharmacy Across Long-Term Care Homes.](#)

Bronskill SE, Gill SS, Paterson JM, Bell CM, Anderson GM, **Rochon PA**.  
J Am Med Dir Assoc. 2011 Aug 11. [Epub ahead of print]  
PMID: 21839687 [PubMed - as supplied by publisher]

[Related citations](#)

### [Neurocognitive profiles in older adults with and without major depression.](#)

**Fischer C**, Schweizer TA, Atkins JH, Bozanovic R, **Norris M**, Herrmann N, Nisenbaum R, Rourke SB.  
Int J Geriatr Psychiatry. 2008 Aug;23(8):851-6.  
PMID: 18311855 [PubMed - indexed for MEDLINE]

[Related citations](#)

### [Cardiovascular Toxicity of Androgen Deprivation Therapy: A New Door Opens.](#)

**Alibhai SM**.  
J Clin Oncol. 2011 Aug 15. [Epub ahead of print] No abstract available.  
PMID: 21844507 [PubMed - as supplied by publisher]

[Related citations](#)

### [The effect of age on the morbidity of kidney surgery.](#)

Abouassaly R, **Alibhai SM**, Tomlinson GA, Urbach DR, Finelli A.  
J Urol. 2011 Sep;186(3):811-6. Epub 2011 Jul 23.  
PMID

### [What is the value and impact of quality and safety teams? A scoping review.](#)

White DE, **Straus SE**, Stelfox HT, Holroyd-Leduc JM, Bell CM, Jackson K, Norris JM, Flemons WW, Moffatt ME, Forster AJ.  
Implement Sci. 2011 Aug 23;6(1):97. [Epub ahead of print]

[Related citations](#)

### [Evaluation of a clinical decision support tool for osteoporosis disease management: protocol for an interrupted time series design.](#)

Kastner M, Sawka A, Thorpe K, Chignel M, Marquez C, Newton D, **Straus SE**.  
Implement Sci. 2011 Jul 22;6:77.

[Related citations](#)

### [Hospital at home: home-based end of life care.](#)

Shepperd S, Wee B, **Straus SE**.  
Cochrane Database Syst Rev. 2011 Jul 6;7:CD009231.  
PMID:21735440 [PubMed - in process]

[Related citations](#)

### [Understanding the relationship between the perceived characteristics of clinical practice guidelines and their uptake: protocol for a realist review.](#)

Kastner M, Estey E, Perrier L, Graham ID, Grimshaw J, **Straus SE**, Zwarenstein M, Bhattacharyya O.  
Implement Sci. 2011 Jul 6;6(1):69. [Epub ahead of print]  
PMID:21733160 [PubMed - as supplied by publisher]

[Related citations](#)

### [Personal health records: a scoping review.](#)

Archer N, Fevrier-Thomas U, Lokker C, McKibbin KA, **Straus SE**.  
J Am Med Inform Assoc. 2011 Jul 1;18(4):515-22.  
PMID:21672914 [PubMed - in process]

[Related citations](#)

### [Real-time automated paging and decision support for critical laboratory abnormalities.](#)

EtcHELLS E, Adhikari NK, Wu R, Cheung M, Quan S, Mraz R, Wong B, Pinto R, **Mehta R**, Morra D, Fowler R, Sibbald W, Abrams H, Rossos PG.  
BMJ Qual Saf. 2011 Jul 1. [Epub ahead of print]  
PMID:21725046 [PubMed - as supplied by publisher]

[Related citations](#)

### [Theory of Mind in Parkinson's disease.](#)

**Freedman M**, Stuss DT.  
J Neurol Sci. 2011 Jun 24. [Epub ahead of print]  
PMID:21705020 [PubMed - as supplied by publisher]

[Related citations](#)

*Continued on next page...*



## Recent Faculty Publications *(Cont'd from previous page)*

### Health-related quality of life anticipated with different management strategies for paediatric febrile neutropenia.

Cheng S, Teuffel O, Ethier MC, Diorio C, Martino J, Mayo C, Regier D, Wing R, **Alibhai SM**, Sung L.

Br J Cancer. 2011 Jun 21. doi: 10.1038/bjc.2011.213. [Epub ahead of print] PMID: 21694729 [PubMed - as supplied by publisher]

[Related citations](#)

### A Prospective Study Comparing the Outcomes and Health-Related Quality of Life in Adult Patients with Myeloid Malignancies Undergoing Allogeneic Transplantation Using Myeloablative or Reduced-Intensity Conditioning.

Gupta V, Panzarella T, Li L, Khan J, Sharma A, Lipton JH, Kuruville J, Messner H, **Alibhai SM**.

Biol Blood Marrow Transplant. 2011 Jun 12. [Epub ahead of print] PMID:21703974 [PubMed - as supplied by publisher]

[Related citations](#)

### The impact of the electronic medical record on structure, process, and outcomes within primary care: a systematic review of the evidence.

Holroyd-Leduc JM, Lorenzetti D, **Straus SE**, Sykes L, Quan H.

J Am Med Inform Assoc. 2011 Jun 9. [Epub ahead of print] PMID:21659445 [PubMed - as supplied by publisher]

[Related citations](#)

### Development and Validation of a Utility Weighting Function for the Patient-Oriented Prostate Utility Scale (PORPUS).

Tomlinson G, Bremner KE, Ritvo P, **Naglie G**, Krahn MD.

Med Decis Making. 2011 Jun 8. [Epub ahead of print] PMID:21653804 [PubMed - as supplied by publisher]

[Related citations](#)

### Career Development of Physician Scientists: A Survey of Leaders in Academic Medicine.

Shea JA, Stern DT, Klotman PE, Clayton CP, O'Hara JL, Feldman MD, Griendling KK, Moss M, **Straus SE**, Jaggi R. Am J Med. 2011 Jun 1. [Epub ahead of print] No abstract available. PMID:21640329 [PubMed - as supplied by publisher]

[Related citations](#)

## Faculty Profile: Howard Allan Dombrower

Here are a few things that you may not already know about Howard Dombrower:

#### *My very first job was:*

- A Toronto Star carrier...I was even "Star Carrier of the Week" so I knew I was going to do great things in my life!!

#### *Why I chose Geriatric Medicine as a subspecialty:*

- I was working as a PGY3 in 1996 reviewing a consult with Dr. Goldlist and I couldn't remember the age of my patient. Barry said, "it sound like you need to see a memory specialist" and so I applied to Geriatric Medicine

#### *Where I completed my training:*

- University of Toronto

### Association of Diagnostic Radiation Exposure and Second Abdominal-Pelvic Malignancies After Testicular Cancer.

van Walraven C, Fergusson D, Earle C, Baxter N, **Alibhai S**, Macdonald B, Forster AJ, Cagiannos I.

J Clin Oncol. 2011 Jun 20. [Epub ahead of print] PMID:21690479 [PubMed - as supplied by publisher]

[Related citations](#)

### Visual Rating versus Volumetry to Detect Frontotemporal Dementia.

Chow TW, Gao F, Links KA, Ween JE, Tang-Wai DF, Ramirez J, Scott CJ, **Freedman M**, Stuss DT, Black SE.

Dement Geriatr Cogn Disord. 2011;31(5):371-8. Epub 2011 May 31. PMID:21625137 [PubMed - in process]

[Related citations](#)

### How often are patients with diabetes or hypertension being treated with partial nephrectomy for renal cell carcinoma? A population-based analysis.

Abouassaly R, Finelli A, Tomlinson GA, Urbach DR, **Alibhai SM**.

BJU Int. 2011 May 23. doi: 10.1111/j.1464-410X.2011.10254.x. [Epub ahead of print] PMID:21599823 [PubMed - as supplied by publisher]

[Related citations](#)

### What is the best treatment strategy for incidentally detected small renal masses? A decision analysis.

Abouassaly R, Yang S, Finelli A, Kulkarni GS, **Alibhai SM**.

BJU Int. 2011 May 13. doi: 10.1111/j.1464-410X.2011.10115.x. [Epub ahead of print] PMID:21569190 [PubMed - as supplied by publisher]

[Related citations](#)

### Commentary on "Recommendations from the National Institute on Aging-Alzheimer's Association workgroups on diagnostic guidelines for Alzheimer's disease." A Canadian perspective.

Gauthier S, Patterson C, **Gordon M**, Soucy JP, Schubert F, Leuzy A.

Alzheimers Dement. 2011 May;7(3):330-2. PMID:21575874 [PubMed - in process]

[Related citations](#)

### Impact of Subcortical Hyperintensities on Dual-tasking in Alzheimer Disease and Aging.

Nadkarni NK, Levine B, McIlroy WE, **Black SE**.

Alzheimer Dis Assoc Disord. 2011 Apr 14. [Epub ahead of print] PMID:21502852 [PubMed - as supplied by publisher]

[Related citations](#)

*If I could have any career outside of Geriatric Medicine it would be:*

- American Idol judge or reality TV star

*The one gadget or piece of gear that I could not do without is:*

- Hard top convertible

*My tip for relaxing after a stressful day/week/month:*

- A glass of white wine, preferably a Rieslings or a Gewürztraminer

*The words I live by are:*

- Before entering into any new long-term relationships, seek the opinion of Drs. Naglie and Gordon first