



FOD 2 - Diagnosing and managing older patients with common medical conditions

<p>Key Features</p> <ul style="list-style-type: none"> • This EPA focuses on demonstrating a comprehensive history and physical examination, and collaborating with other specialties or other treating physicians in the management of common medical conditions • This EPA also includes identifying normal aging vs disease states, interpreting labs and imaging results in context of age, and identifying the effects of multicompexity and frailty • This EPA includes patients with typical and atypical presentations of acute and chronic conditions
<p>Target</p> <ul style="list-style-type: none"> • Collect 5 observations of achievement • At least 4 different case mixes • At least 2 direct observations • At least 2 settings • At least 3 by a geriatrician
<p>Case presentation</p> <ul style="list-style-type: none"> • hypertension; coronary artery disease; CHF; arrhythmia; stroke; diabetes; chronic kidney disease; anemia; Parkinson’s Disease; movement disorders; COPD; pain; osteoporosis; gout; osteoarthritis; polymyalgia rheumatica; spinal stenosis; infections; thromboembolic disease; common rheumatological conditions; other
<p>Setting</p> <ul style="list-style-type: none"> • inpatient consult; geriatric unit; outpatient clinic; day hospital; collaborative geriatric specialty services
<p>Assessor</p> <ul style="list-style-type: none"> • geriatrician; transition to practice geriatric medicine trainee
<p>Milestones in Elentra</p> <ul style="list-style-type: none"> • ME 1.6 Provide evidence informed, patient-centred care of a medical condition in the context of frailty and multicompexity and its impact on the patient • ME 2.2 Perform a comprehensive physical examination tailored to the patient’s presentation • ME 1.4 Perform clinical assessments that identify and differentiate between normal aging and disease states • ME 2.2 Select and interpret appropriate investigations as they apply in the context of age • ME 1.3 Apply clinical and biomedical sciences to manage patients with typical and atypical presentations of acute and chronic geriatric syndromes • ME 2.4 Evaluate the applicability of clinical guidelines in the context of co-morbidities, aging and patient goals • ME 2.4 Develop and implement management plans in collaboration with the patient and family and the interprofessional team • COM 1.1 Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion • HA 1.3 Work with the patient and family to identify opportunities for disease prevention, health promotion, and health protection