



## DIVISION OF PHYSICAL MEDICINE AND REHABILITATION

Department of Medicine  
University of Toronto

May 2019

### Monthly update Newsletter

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#### 1. Thank you to those who participated in Five-Year Review

Thanks are extended to all division members who participated in the Divisional Five Year Review. Andrea Townson, from the University of British Columbia, was here for two days as part of this Five Year Review which included both the University of Toronto and Sunnybrook/St. John's reviews. We do not yet have the final report from Dr. Townson. We are hoping that she will provide some insights and suggestions that will be helpful to us as we plan our next five year strategic plan. It is our hope to present the results of this review at our retreat on June 14<sup>th</sup> and Sunnybrook Estates. Following that retreat, we will then plan to embark on the strategic plan and process for the next five years.

#### 2. Looking forward to a Capital experience in Ottawa

We hope to see many of you at the 67<sup>th</sup> Annual Scientific meeting of the CAPM&R in Ottawa May 29 to June 1. It looks like a superb conference including the pre-course scientific presentations and social events. Of note, Audrey Yap will be receiving the Meridith Marks Award for teaching and Carolyn Sawicki will be receiving the First Place Podium Presentation Award for the reviews category. Larry Robinson will be receiving the Third Place Podium Presentation Award under original research. There will also be a bicycle ride during the traditional golfing time. If you are interested in cycling, there are bike rental accommodations and will plan to leave from near the hotel. We are expecting to do 30-40km total at a reasonably slow pace so that everyone can participate. Be sure to bring your classiest Lycra outfits.

#### 3. Participants sought for Ottawa survey on the health advocate role in medical education

Please see the attached email regarding this research study which is being conducted by Kori LaDonna and Nancy Dudek from uOttawa Faculty of Medicine, in collaboration with Dr. Sarah Burm at Western University, Ms. Lindsay Cowley and medical student researchers at uOttawa. Please see enclosed consent forms. Participation is voluntary.

#### 4. Do you think CIHR should fund rehabilitation research?

Would you like to see more grant funding, training grants and rehabilitation research chairs? If so, I encourage you to review and respond to [Let's Talk CIHR](#) - a new online engagement platform. This is an opportunity to share your ideas and opinions on changes can make CIHR that will have a positive impact on the future of health research in Canada. The [Let's Talk](#) platform has 6 surveys, a discussion forum and a place to ask direct questions.

**With the recent announcement of the end of the Foundations Program, now is the time to let CIHR know how you think they should reinvest that funding.**

This platform will be open until **June 28, 2019**, so register and share your ideas ASAP!

#### 5. Congratulations to Kim Coros for undergraduate teaching award

We were pleased to hear that Kim Coros was recently honoured as a recipient of a Wightman-Berris Individual Teaching Excellence Award in the Undergraduate category. She received this award for her excellent work in teaching medical students and bestowed upon her on Thursday, May 16, 2019. Congratulations Kim!

#### 6. David Berbrayer receives Case Western Reserve University Scholarship and Teaching Award



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Congratulations are extended to David Berbrayer who reports that he recently received a certificate of appreciation for “2019 Scholarship in Teaching Award for the Case Western Reserve University School of Medicine Center for the Advancement of Medical Learning”.

7. **Retreat and awards schedule for June 14<sup>th</sup>**

Please be sure to attend the Divisional Retreat on June 14<sup>th</sup> happening all day at the Sunnybrook Estates. The morning will have a two hour session on Competence By Design and followed by reports from various members of our own division. A highlight of the day will be the awards ceremony led by Perry Tepperman. I understand that the nominees and awardees are all top secret and the envelopes will be opened at the awards ceremony with considerable fanfare.

8. **Study finds cycling the healthiest way to get hit by a car**

A recent study from our colleagues in Montreal, has reported that bicycling is the healthiest way, by far, to be hit by a car and have an extended hospital stay. Apparently, it is more healthy than getting hit while texting, talking on the phone, eating, sleepwalking, or swimming. Please see link below:

<https://www.thebeaverton.com/2019/04/study-finds-cycling-healthiest-way-to-get-hit-by-a-car/>

Please let me know if you have items or news to add to the Newsletter. Please also don't forget to check out our Facebook page.

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