

## What is CBD?

Competency By Design is the Royal College's model of Competence-Based Medical Education (CBME) which is an educational model that is...

- More oriented to outcomes rather than time in training (i.e. what trainee can DO)
- More flexible to learners' prior skills and current needs
- Training using a coaching approach with more regular feedback & entrustment decisions
- Enhanced tracking of learners' progress and performance

### What is an EPA?

An Entrustable Professional Activity is a unit of work actually done during the clinician's day (e.g., admit a patient to hospital, carry out a procedure, lead a family meeting)

- There are 28 EPAs for the PGY1-4 Internal Medicine training program
- Each EPA gets assessed several times for each resident
- Each EPA is made up of several "milestones"
- The EPAs increase in complexity through stages

# Learn more about EPAs and CBD:

**READ** Factsheets:

CBD Terminology Click <u>here</u> Improving feedback tips: Click <u>here</u>

WATCH

EPAs 101: Click here

VISIT

www.deptmedicine.utoronto.ca/cbme for general information on resources and events.

**Questions? CONTACT** us at <a href="mailto:im.cbd@utoronto.ca">im.cbd@utoronto.ca</a>



# Internal Medicine

Primer for EPA COD3A - Providing internal medicine **CONSULTATION** to other clinical services: **PATIENT ASSESSMENT AND DECISION-MAKING** 

This EPA Core of Discipline - COD EPA 3A (PGY2&3) documents the resident's ability to provide consultation to other clinical services, in particular, to complete the patient assessment and make effective management decisions. Supervisor (staff and/or supervising resident or fellow) does assessment based on direct\*\* or indirect observation.

\*Direct = unfiltered case review at the time of presentation, with validation of part of the history/physical by the supervisor followed by discussion of the management plan.

### **EPA MILESTONES:** COD3A Consultation – Patient Assessment

- 1. Identify relevant clinical issues in a consultation request
- 2. Perform focused clinical assessments without missing key elements
- 3. Develop recommendations for management that address the consult question and consider the patient's status and other health problems
- 4. Establish a clear agreement with the referring physician about roles and responsibilities regarding ongoing care
- 5. Determine the necessity and timing of referral to another health care professional
- 6. Integrate best-evidence and clinical expertise into decision-making

#### **HOW TO COMPLETE AN EPA ASSESSMENT:**

- 1. You or the resident initiate the assessment. The assessment may be based on direct observation or case discussion.
- 2. You or the resident sign onto Elentra, and provide the assessment demographics. This can be done on the mobile phone or computer top.
- 3. From the list of milestones pertinent to the EPA, choose 2-3 milestones that are relevant to the activity, and indicate their performance level on each milestone you assessed, using the entrustment scale. You are not required to cover all milestones, but are welcome to.

  Proficient

  Viewed this performance as exemplary

  Competent
- 4. Using the global entrustment scale, decide whether the resident can be entrusted overall to perform this activity with a similar case in the future. In general, residents are not expected to be entrustable early in a new stage of training, although this particular tool verifies skills that should have been learned in medical school.
- Describe 2-3 strengths and 2-3 actions, or areas for improvement. Please provide detailed and actionable comments based on your observations of their performance.
- 6. Discuss your feedback with the resident



**GLOBAL ENTRUSTMENT SCALE** (**Competent** and **Proficient** levels are entrustable)