

# What is CBD?

Competency By Design is the Royal College's model of Competence-Based Medical Education (CBME) which is an educational model that is...

- More oriented to **outcomes** rather than time in training (i.e. what trainee can DO)
- More **flexible** to learners' prior skills and current needs
- Training using a coaching approach with more regular feedback & entrustment decisions
- Enhanced **tracking** of learners' progress and performance

### What is an EPA?

An Entrustable Professional Activity is a **unit of work** actually done during the clinician's day (e.g., admit a patient to hospital, carry out a procedure, lead a family meeting)

- There are **28 EPAs** for the PGY1-4 Internal Medicine training program
- Each EPA gets assessed several times for each resident
- Each EPA is made up of several "milestones"
- The EPAs increase in **complexity** through stages

# Learn more about EPAs and CBD:

**READ** Factsheets: CBD Terminology Click <u>here</u> Improving feedback tips: Click <u>here</u>

#### WATCH

EPAs 101: Click here

#### VISIT

www.deptmedicine.utoronto.ca/cbme for general information on resources and events.

Questions? CONTACT us at im.cbd@utoronto.ca



# Internal Medicine

# Primer for EPA COD 3C - Providing internal medicine **CONSULTATION** to other clinical services: **ORAL COMMUNICATION**

This **EPA Core of Discipline - COD EPA 3A (PGY2&3)** documents the resident's ability to provide consultation to other clinical services, in particular, to orally communicate effectively with the service requesting the consultation. Supervisor or referring physician does assessment based on **direct\*\* observation**.

\*Direct = unfiltered case review at the time of presentation, with validation of part of the history/physical by the supervisor followed by discussion of the management plan.

## EPA MILESTONES: COD3C Oral Communication

- 1. Identify the need and timeliness for communication with referring physicians
- 2. Synthesize and interpret information from the clinical assessment
- 3. Use effective oral communication strategies with physicians and other colleagues in the health care professions
- 4. Respect the boundaries of the consultative role within the care of the patient

### HOW TO COMPLETE AN EPA ASSESSMENT:

- 1. You or the resident initiate the assessment. The assessment may be based on direct observation or case discussion.
- You or the resident sign onto Elentra, and provide the assessment demographics. This can be done on the mobile phone or computer top.
- From the list of milestones pertinent to the EPA, choose 2-3 milestones that are relevant to the activity, and indicate their performance level on each milestone you assessed, using the entrustment scale. You are not required to cover all milestones, but are welcome to.



GLOBAL ENTRUSTMENT SCALE (Competent and Proficient levels are entrustable)

4. Using the global entrustment scale, decide whether the resident can be entrusted

overall to perform this activity with a similar case in the future. In general, residents are not expected to be entrustable early in a new stage of training, although this particular tool verifies skills that should have been learned in medical school.

- 5. Describe 2-3 strengths and 2-3 actions, or areas for improvement. Please provide detailed and actionable comments based on your observations of their performance.
- 6. Discuss your feedback with the resident.