



## What is CBD?

**Competency By Design** is the Royal College's model of Competence-Based Medical Education (CBME) which is an educational model that is...

- More oriented to **outcomes** rather than time in training (i.e. what trainee can DO)
- More **flexible** to learners' prior skills and current needs
- Training using a **coaching** approach with more regular feedback & entrustment decisions
- Enhanced **tracking** of learners' progress and performance

## What is an EPA?

An Entrustable Professional Activity is a **unit of work** actually done during the clinician's day (e.g., admit a patient to hospital, carry out a procedure, lead a family meeting)

- There are **28 EPAs** for the PGY1-4 Internal Medicine training program
- Each EPA gets **assessed several times** for each resident
- Each EPA is made up of several **"milestones"**
- The EPAs increase in **complexity** through stages

## Learn more about EPAs and CBD:

**READ** Factsheets:

CBD Terminology Click [here](#)

Improving feedback tips: Click [here](#)

**WATCH**

EPAs 101: Click [here](#)

**VISIT**

[www.deptmedicine.utoronto.ca/cbme](http://www.deptmedicine.utoronto.ca/cbme)

for general information on resources and events.

**Questions? CONTACT** us at

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## Primer for EPA COD4B - Assessing, resuscitating, and managing unstable and critically ill patients: INTERPROFESSIONAL CARE

This **Core of Discipline - COD EPA 4B (PGY2&3)** focuses on the resident's provision of care in the ICU or CCU, based on the perspective of multiple health professionals' perspective. These observers provide feedback individually to the supervisor, which is then collated by them into one report. Could also be completed after a code blue resuscitation.

### EPA MILESTONES: COD4B Unstable Patient – Interprofessional Care

1. Work effectively as a member of a resuscitation team
2. Establish clear leadership in resuscitative efforts, assuming the leadership role as appropriate
3. Delegate tasks and responsibilities in an appropriate and respectful manner
4. Apply closed loop communication in urgent or crisis situations to work effectively with physicians and other colleagues in the health care professions
5. Maintain capacity for professional clinical performance in stressful situations

### HOW TO COMPLETE AN EPA ASSESSMENT:

1. You or the resident initiate the assessment. The assessment may be based on direct observation or case discussion.
2. You or the resident sign onto [Elentra](#), and provide the assessment demographics. This can be done on the mobile phone or computer top.
3. From the list of milestones pertinent to the EPA, choose 2-3 milestones that are relevant to the activity, and indicate their performance level on each milestone you assessed, using the entrustment scale. You are not required to cover all milestones, but are welcome to.
4. Using the global entrustment scale, decide whether the resident can be entrusted overall to perform this activity with a similar case in the future. In general, residents are not expected to be entrustable early in a new stage of training, although this particular tool verifies skills that should have been learned in medical school.
5. Describe 2-3 strengths and 2-3 actions, or areas for improvement. Please provide detailed and actionable comments based on your observations of their performance.
6. Discuss your feedback with the resident.



**GLOBAL ENTRUSTMENT SCALE (Competent and Proficient levels are entrustable)**