# **Physical Medicine & Rehabilitation: Core EPA 6**

## Selecting and interpreting investigations relevant to Physiatry

### Key Features:

- This EPA includes identifying the indications for an investigation and discussing the risks and benefits with the patient; interpreting the quality of the study and its findings; and, counselling the patient on the results and effectiveness.
- This EPA is divided into two parts: interpreting electrodiagnostic testing; interpreting other investigations
- Interpreting electrodiagnostic testing includes interpretation of nerve conduction studies and/or electromyography reports, both simple and complex; complex studies are defined as presentations that are beyond a simple focal entrapment neuropathy (e.g., median or ulnar neuropathy) or radiculopathy.
- Interpreting other investigations includes interpretation of the results of a variety of investigations for the purposes of developing or modifying a management plan. This includes cardiac stress tests, diagnostic blocks, gait lab analyses, intra-thecal trials or pump refills, PFTs, shunt assessments, sleep studies, swallowing studies, urodynamic studies, and image-guided procedures
- This EPA may be assessed in the clinical setting or using simulated cases.

#### Assessment Plan:

## Part A: Interpreting electrodiagnostic testing (NCS/EMG)

Direct and/or indirect observation by physiatrist or non-physiatrist physician with appropriate skill set; with feedback from TTP trainee or other health professionals such as technicians, nurses, or physician assistants

#### Use form 1. Form collects information on:

- Observation type: direct; indirect
- Setting: consultation service; inpatient unit; outpatient clinic; electrodiagnostic clinic; simulation
- Procedure (check all that apply): lower limb; upper limb; cranial/trunk
- Complexity: low; high

#### Collect 20 observations of achievement.

- At least 10 upper limb
- At least 10 lower limb
- At least 5 complex cases
- No more than 3 simulated
- At least 3 observers

### Part B: Interpreting other investigations

Direct and/or indirect observation by physiatrist or non-physiatrist physician with appropriate skill set; with feedback from TTP trainee or other health professionals such as technicians, nurses, or physician assistants

#### Use form 1. Form collects information on:

- Observation type: direct; indirect
- Setting: consultation service; inpatient unit; outpatient clinic; electrodiagnostic clinic; simulation

- Procedure: cardiac stress test; diagnostic block; gait lab analysis; intra-thecal trial or pump refill; PFT; shunt assessment; sleep study; swallowing study; urodynamic studies; image-guided procedure

Collect 6 observations of achievement.

- At least 3 different procedures
- No more than 3 simulated
- At least 3 observers

#### Relevant Milestones

- Part A: Interpreting electrodiagnostic tests
- ME 2.2 Assess a patient's suitability to proceed with electrodiagnostic testing
- ME 3.2. Obtain and document informed consent, explaining the risks and benefits of, and the rationale for the proposed procedure
- ME 1.3 Apply knowledge of neuromuscular anatomy and electrophysiology
- ME 1.3 Apply knowledge of principles, strengths and limitations of diagnostic investigations
- ME 2.2 Assess the quality and validity of the study, and any impact on the diagnostic interpretation
- ME 2.2 Interpret the results of electrodiagnostic testing in the context of the clinical presentation
- ME 2.4 Integrate the results of electrodiagnostic testing into the patient centered management plan
- COM 3.1 Convey results of electrodiagnostic testing to the patient clearly and compassionately
- Part B: Interpreting other investigations
- ME 1.3 Apply knowledge of principles, strengths and limitations of diagnostic investigations
- ME 2.2 Interpret the results of investigations in the context of the clinical presentation
- ME 2.4 Integrate the results of investigations into the patient centered management plan
- COM 3.1 Convey results of investigations to the patient clearly and compassionately