

2021 Barnet Berris Lecture

How VITAL are Vitamin D and Omega-3s for Cardiometabolic Health?

with **JoAnn E. Manson, MD, MPH, DrPH**

Professor of Medicine and the Michael and Lee Bell Professor of Women's Health,
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via **Zoom videoconference**

<https://uoft.me/CWMGR-2021-05-19>

Wednesday, May 19, 2021 @ 12:00 to 13:00

LEARNING OBJECTIVES:

At the end of the presentation, participants should be able to:

1. Describe the rationale and results of VITAL, a large-scale randomized trial of vitamin D and marine omega-3 fatty acids in the primary prevention of CVD and cancer.
2. Interpret recent meta-analyses of vitamin D, omega-3s, and these outcomes.
3. Assess which patients are more or less likely to benefit from supplementation.

EVALUATION & ATTENDANCE:

via <https://uoft.me/CWMGR-2021-05-19>

Attendance for Maintenance of Certification credit will only be tracked if evaluation and attendance surveys are completed.



Medicine
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