

Aerospace Medicine Rounds

Helicopter Ditching 101



Tuesday, June 17, 2025
12:00 – 1:00 p.m. (EST)

Norm Penny
MMM, SC, MB, CD

Military Ditching Instructor
RelyOn Canada

Learning Objectives:

By the end of these rounds, participants will be able to:

1. The definition of a ditching and the dangers it presents
2. History of Rotary Underwater Escape training, and why it's needed
3. Developing the program, and the approach we use.

Zoom Details:

<https://utoronto.zoom.us/j/84207344716>

Meeting ID: 842 0734 4716 Passcode: 573295

A post-rounds evaluation survey will be circulated shortly after this date.

Please email aerospace.med@utoronto.ca to be added to the Aerospace Medicine Rounds and/or the Occupational Medicine Rounds Mailing Lists.

The Winter/Spring 2025 Schedule for Aerospace Rounds is being developed, and will be posted soon at <https://deptmedicine.utoronto.ca/rounds>



*The 'Aerospace Medicine Rounds' is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the RCPSC. **To be eligible for Section 1 MOC credits, participation in the event must be formally recorded. For tracking purposes, participants attending must ensure their Zoom display/login name includes first and last name.***

If unable to attend, it is possible to claim RCPSC Section 2 credits at 0.5 credits per activity for watching the recorded video. All recordings of prior Aerospace Medicine & Occupational Medicine Rounds are posted here: <https://deptmedicine.utoronto.ca/rounds>

Summer Break:

Aerospace Medicine Rounds will resume in September 2025, more information to come!