

Aerospace Medicine Rounds

Arctic Air and Dive Operations – Cold, Remote and Challenging. What could go wrong?



Tuesday, December 2, 2025
12:00 – 1:00 p.m. (EST)

Dr. Richard Grainger

MD
Medical Officer & Flight Surgeon
Royal Canadian Air Force

Learning Objectives:

By the end of these rounds, participants will be able to:

1. To outline some of the possible challenges related to remote Arctic operations
2. To propose realistic, practical solutions to identified challenges
3. Compare aviation dive-related cold weather challenges, and identify similarities and differences

Zoom Details:

<https://utoronto.zoom.us/j/87190913110>

Meeting ID: 871 9091 3110 Passcode: 089397

NOTICE: these rounds are same-day only – a recording will not be available for this session

A post-rounds evaluation survey will be circulated shortly after this date.

Please email aerospace.med@utoronto.ca to be added to the Aerospace Medicine Rounds and/or the Occupational Medicine Rounds Mailing Lists.

The Winter/Spring 2025 Schedule for Aerospace Rounds is being developed, and will be posted soon at <https://deptmedicine.utoronto.ca/rounds>



*The 'Aerospace Medicine Rounds' is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the RCPSC. **To be eligible for Section 1 MOC credits, participation in the event must be formally recorded. For tracking purposes, participants attending must ensure their Zoom display/login name includes first and last name.***

If unable to attend, it is possible to claim RCPSC Section 2 credits at 0.5 credits per activity for watching the recorded video. All recordings of prior Aerospace Medicine & Occupational Medicine Rounds are posted here: <https://deptmedicine.utoronto.ca/rounds>

Save the Date:

The next Aerospace Medicine Rounds will be taking place on
January 12, 2026