



DIVISION NEWSLETTER

UPCOMING DIVISION EVENTS: MARK YOUR CALENDARS

DIVISION RETREAT: MAY 30, 2025 | 8:00AM - 1:15PM | HENNICK BRIDGEPOINT HOSPITAL
END OF YEAR CELEBRATION: DATE TBA | STAY TUNED!

CONGRATULATIONS ON SENIOR PROMOTION!

We just heard from the DoM that 5 of our faculty were promoted to Associate Professor. These promotions recognized our colleagues national impact and sustained excellence:

- **Dr. Eugene Chang:** for being a Cancer Rehab guru
- **Dr. Amanda Mayo:** for leading quality improvement and patient safety
- **Dr. Nimish Mittal:** for leading care of EDS and pain management
- **Dr. Harp Sangha:** the OG of interventional physiatry
- **Dr. Robert Simpson:** psychological care of people with MS and physician colleagues

If you are interested in exploring promotion please write to Mark & Parwana.akbari@uhn.ca

WELCOME TO OUR INCOMING PGY1'S FOR JULY 2025!

Nima Behravan, Matthew Downer, Olivia So & Thomas Yau - Get to know them a little better by checking out the attached PDF.

RESEARCH DAY AT UHN-WEST PARK

This year's division research day took place on March 7, 2025, at the newly opened, state-of-the-art UHN-West Park Hospital. The residents delivered excellent oral and poster presentations, showcasing their hard work and research skills. We were also treated to exciting talks from visiting speakers in addition to our own faculty, covering a variety of topics such as stroke, cardiovascular rehabilitation, quality improvement (QI), and artificial intelligence (AI). The competition for the resident awards was stiff, but we are happy to announce that the winners were:

- **Best Poster Presentation:** Jessica Saini, PGY1
- **Best Oral Presentation:** Eric Poon, PGY2

A huge thank you to Dr. Chris Boulias for leading Research Day and to Samantha Chambers for her expert administrative support. Attendees had the opportunity to tour the new building. Thank you to Ms. Pamela Madan-Sharma for leading these tours.

SUCCESSFUL PGME INTERNAL REVIEW (IR)

On March 3, 2025, we had a successful internal review with a team from the PGME office. The IR team met with key stakeholders, including the Residency Program Committee (RPC), Competence Committee (CC), residents, and teaching faculty. The purpose of this review was to evaluate how well our program aligns with the current accreditation standards and to prepare for the Royal College accreditation in the coming years.

We are thrilled to share that the preliminary report from the reviewers is highly positive, with specific praise around the collegiality of our group and efforts towards ongoing improvement.

Stay tuned for more details at our Division Retreat!

WEBCV TRANSITIONS TO ELEMENTS

Please see attached PDF for more details on the switch from WebCV to Elements.



MSK SKILLS WORKSHOP

We recently held our annual MSK Skills Workshops on April 2 and 8, 2025. These evenings brought together both staff and residents to teach junior medical students from the University of Toronto. There was an enthusiastic buzz as students rotated through various stations to practice their physical exams of the upper and lower extremities.

These workshops are a valuable opportunity to provide hands-on training to the next generation of doctors, and to introduce them to our specialty. The workshops, as well as the "Intro to Physiatry" talk, were expertly led by Dr. Peter Broadhurst.

If you are interested in participating in future workshops, please reach out to PeterKaas.Broadhurst@sunnybrook.ca

DR. ANDREA FURLAN GLOBE AND MAIL INTERVIEW

In an insightful interview with *The Globe and Mail*, our very own, Dr. Andrea Furlan, advocates for the power of journaling as a simple yet effective way to reduce physician burnout.

<https://www.theglobeandmail.com/life/health-and-fitness/article-u-of-t-doctor-and-researcher-says-journaling-may-help-ease-the-burden/>

Check out the link to Dr. Furlan's books here:
<https://robertrose.ca/authors/andrea-furlan/>