



# DIVISION OF PHYSICAL MEDICINE AND REHABILITATION

Department of Medicine  
University of Toronto

October 2022

## Monthly Update Newsletter

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### 1. Welcome to Michael Catapano

We are most pleased to welcome Michael Catapano to our division. Michael has recently started at Sunnybrook HSC and will be focused on consultations for patients after trauma and other musculoskeletal injuries. He will be based at Bayview Campus. Many of you already know Michael who comes from a strong academic background. He completed residency in PM&R with us at U of T and most recently completed a musculoskeletal fellowship at Harvard. He already has numerous papers, grants and teaching awards. Michael will be seeing trauma inpatients as well as a variety of outpatients with sustained traumatic or other musculoskeletal injuries. If you wish to reach Michael, his email is: [Michael.catapano@sunnybrook.ca](mailto:Michael.catapano@sunnybrook.ca). Please extend your welcome to our new colleague.

### 2. Are you interested in helpful wellness resources?

The Wellness Working Group wants to hear from you! Our own Dr. Robert Simpson is offering dedicated training in mindfulness and self-compassion at no cost to you. Please fill out our short survey regarding your interest in this initiative, and the best way we could offer this training for you. Please see the survey at:

[https://docs.google.com/forms/d/e/1FAIpQLSfs3gWAqD7KnBDJc3TSMj5KnOAxelW3YHDcEVU0E-Z79ItMkg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfs3gWAqD7KnBDJc3TSMj5KnOAxelW3YHDcEVU0E-Z79ItMkg/viewform?usp=sf_link)

### 3. New materials to enhance the data sharing across TAHSN

For those of us who are carrying out research that crosses multiple Toronto Academic Health Science Network (TAHSN) hospitals, there is a new data sharing agreement that has been advanced for these purposes. Eligible hospitals include: Sinai Health System, Sunnybrook HSC, UHN, Baycrest, NYGH, Unity Health, and others. These agreements grow out of multi-centered studies for COVID during the early days of the pandemic. Please see the attached documents. The template is available here: <https://research.utoronto.ca/research-innovation-agreements/tahsn-simple-datamaterial-transfer-and-use-agreement> or <https://tahsn.ca/documents-resources> and is also attached. Further context about the creation of this agreement can be found here: <https://temertymedicine.utoronto.ca/news/new-template-improve-research-material-and-data-transfers-toronto>

### 4. AMS Compassion fellowship funding

We were happy to learn that AMS announced 2022 Fellows in Compassion and Artificial Intelligence. Our own Robert Simpson has been selected amongst 13 outstanding individuals from across multiple disciplines. The call for the AMS 2023 Fellowships in Compassion and AI will open on November 1, 2022.

Here is a link to AMS webpage regarding further information: <https://www.ams-inc.on.ca/ams-announces-2022-fellows-in-compassion-and-artificial-intelligence/>.

Robert's project can be viewed at: <https://www.ams-inc.on.ca/project/self-compassion-training-for-specialist-inpatient-rehabilitation-providers/>. Robert may be reached at: [Robert.simpson@uhn.ca](mailto:Robert.simpson@uhn.ca).

### 5. Physiatrist group issues guidelines for Long COVID in children

We were pleased to hear from our friend and colleagues Perry Tepperman who forwarded us an article available on Medscape. This shows that the American Academy of Physical Medicine and Rehabilitation (AAPMR) has issued the first set of guidelines related to the diagnosis and treatment of pediatric patients with Long COVID. It's great to see our physiatry colleagues in the States demonstrating leadership in Long COVID treatment as we do here as well in Canada. <https://www.medscape.com/viewarticle/976788>



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6. Virtual Code clarification

In last months' newsletter, we understood that OMA was completing use of virtual codes on October 1, 2022. However, we subsequently learned that virtual codes are being extended. Please see the article in OMA News for further details. <https://view.info.oma.org/?qs=60adad04abd6f36293ed39bc412515919451fbc88e724592abe542fff0353bd56d0d51661aab6617b1d0b62d8c89b993e9927b46cfc1c8cc49fb9b6ca4d5009d59d3bb7e6287549ae3c5babcd0f267f4>

7. Need for rehabilitation physicians for the conflict in Ukraine

As delineated on the attached communication from the World Health Organization, there is significant need for rehabilitation specialists to treat those injured in conflict. Specifically, there is a current need for physicians and other health care professionals to treat spinal cord injury patients. The specific position is with the World Health Organization and involves one to six months in a leadership position. Please see the attached email from our colleague, Colleen O'Connell as well as the attached position descriptions.

8. What's the Deal with Birds?

For those interested in birds, there is an unusual article which has fundamentally-flawed data collection but extensive statistical analysis that may be of interest. For those seeking a new low in scientific articles, this might just be it. Please see enclosed article.

As always, let us know if you have stories of interest that you would like to have distributed.

Don't forget to connect with our Twitter site @UofT\_Physiatry.

A handwritten signature in purple ink that reads "Larry Robinson".

Larry Robinson MD  
Chief, Rehabilitation Services  
John and Sally Eaton Chair in Rehabilitation Science