



Pain in Pregnancy

ECHO is an interactive online medical education program, connecting health-care providers with an interprofessional specialist team to advance learning and enhance clinical skills.

What you need to know

- Cost:** Free
- Setting:** Virtual – participate from anywhere through Zoom
- When:** On Fridays from 12 to 1 p.m. EST between September 12 to December 19, 2025
- Format:** Sessions involve short didactic teaching and case discussions with an interprofessional specialist team to help you problem solve tough cases. There will be an opportunity to present patient cases for support and expert opinion.

Come join the ECHO community to learn about pain management during pregnancy together!

Sessions at a glance

Pharmacotherapy during the perinatal period	September 12
Cannabis use during the perinatal period	September 26
Opioid therapy during the perinatal period	October 10
Non-pharmacologic pain management in the perinatal period	October 24
Headache management during pregnancy	November 7
Chronic pelvic pain and the perinatal period	November 28
Musculoskeletal complications and nerve entrapments	December 12
Labour and delivery in chronic pain	December 19

Scan the QR code or visit: projectechopaininpregnancy.ca

