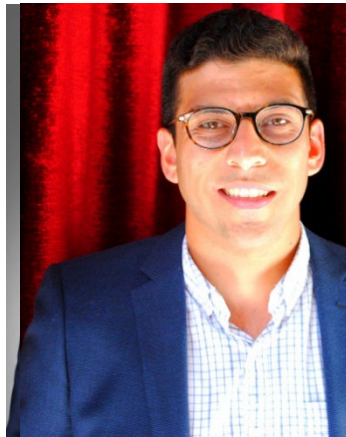


Aerospace Medicine Rounds

5 Years of Cybersickness Research at Defence Research and Development Canada: What We Have Learned and How it Matters to You



Tuesday, March 10, 2026
12:00 – 1:00 p.m. (EST)

Ramy Kirollos PhD

Defence Scientist, Defence Research Development Canada

Adjunct Assistant Professor, Department of Kinesiology & Health Sciences, University of Waterloo

Learning Objectives:

By the end of these rounds, participants will be able to:

1. Understand the underlying casual mechanisms of cybersickness and their relevance to aviation, simulation and extended reality environments.
2. Describe how research conducted with the Canadian Armed Forces informs evidence-based decisions on the use of extended reality head-mounted displays
3. Apply practical strategies to reduce and avoid cybersickness in professional and everyday settings

Zoom Details:

<https://utoronto.zoom.us/j/83706471429>

Meeting ID: 899 6757 9950 Passcode: 802831

A post-rounds evaluation survey will be circulated shortly after this date.

Please email aerospace.med@utoronto.ca to be added to the [Aerospace Medicine Rounds](#) and/or the [Occupational Medicine Rounds](#) Mailing Lists.

The Winter/Spring 2025 Schedule for Aerospace Rounds is being developed, and will be posted soon at <https://deptmedicine.utoronto.ca/rounds>



*The 'Aerospace Medicine Rounds' is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the RCPSC. **To be eligible for Section 1 MOC credits, participation in the event must be formally recorded. For tracking purposes, participants attending must ensure their Zoom display/login name includes first and last name.***

If unable to attend, it is possible to claim RCPSC Section 2 credits at 0.5 credits per activity for watching the recorded video. All recordings of prior Aerospace Medicine & Occupational Medicine Rounds are posted here: <https://deptmedicine.utoronto.ca/rounds>