

## Primer for TTD1 EPA – Assessing patients with a known endocrine condition

### What is CBD?

**Competency By Design is the Royal College's model of Competence-Based Medical Education (CBME) which is an educational model that is...**

- More oriented to **outcomes** rather than time in training (i.e. what trainee can DO)
- More **flexible** to learners' prior skills and current needs
- Training using a **coaching** approach with more regular feedback & entrustment decisions
- Enhanced **tracking** of learners' progress and performance

### What is an EPA?

An Entrustable Professional Activity is a **unit of work** actually done during the clinician's day (e.g., admit a patient to hospital, carry out a procedure, lead a family meeting)

- There are **17 different EPAs** for the PGY4-5 Endocrine training program
- Each EPA gets **assessed several times** for each resident
- Each EPA is made up of several **"milestones"**
- The EPAs increase in **complexity** through stages

### Learn more about EPAs and CBD:

#### READ

Factsheets:

CBD Terminology Click [here](#)

Improving feedback tips: Click [here](#)

#### VISIT

Endocrine Sharepoint site for more CBD resources

#### QUESTIONS?

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This EPA focuses on the application of Endocrinology competencies related to **clinical assessment and management** to the care of patients with a previously diagnosed endocrine condition.

This includes taking an organized history, performing a targeted physical examination, and synthesizing findings to formulate an assessment of the patient.

This EPA may be observed in any setting.

*It should be done in the **Transition to Discipline (TTD)** stage (first 1-2 blocks of PGY4).*

### EPA MILESTONES: TTD1 Assessing patients with known endocrine conditions

- 1 Optimize the physical environment for patient and family comfort, dignity, privacy, engagement, and safety.
- 2 Gather a relevant clinical history.
- 3 Conduct the interview in a patient-centred manner.
- 4 Perform a physical exam relevant to the presentation.
- 5 Identify other sources of information (e.g., family, medical record) that may assist in the patient's care.
- 6 Synthesize patient information from the clinical assessment for the purpose of written or oral summary to a supervisor.
- 7 Exhibit appropriate professional behaviour.

### HOW TO COMPLETE AN EPA ASSESSMENT:

1. You or the resident initiate the assessment. The assessment may be based on direct observation or case discussion.
2. You or the resident sign onto [Elentra](#), and provide the assessment demographics. This can be done on the mobile phone or computer top.
3. **COMMENTS MANDATORY:** Describe 2-3 strengths and 2-3 actions, or areas for improvement. Please provide detailed and actionable comments based on your observations of their performance. The milestones can be helpful to direct you.
4. Complete the global entrustment scale, the overall level of entrustment is largely based on comments.
5. **OPTIONAL:** From the list of milestones pertinent to the EPA, choose 2-3 milestones that are relevant to the activity, and indicate their performance level on each milestone you assessed, using the entrustment scale.
6. Discuss your feedback with the resident.

