

# What is CBD?

Competency By Design is the Royal College's model of Competence-Based Medical Education (CBME) which is an educational model that is...

- More oriented to outcomes rather than time in training (i.e. what trainee can DO)
- More flexible to learners' prior skills and current needs
- Training using a coaching approach with more regular feedback & entrustment decisions
- Enhanced **tracking** of learners' progress and performance

## What is an EPA?

An Entrustable Professional Activity is a **unit of work** actually done during the clinician's day (e.g., admit a patient to hospital, carry out a procedure, lead a family meeting)

- There are **29 EPAs** for the PGY1-4 Internal Medicine training program
- Each EPA gets assessed several times for each resident
- Each EPA is made up of several "milestones"
- The EPAs increase in **complexity** through stages

## Learn more about EPAs

and CBD:

READ CBD Terminology Improving Feedback Tips

### WATCH

<u>CBME & CBD 101</u> <u>CBD in Internal Medicine</u>

#### VISIT

DOM CBME for general information on resources and events. PGME Elentra Help for Elentra Guides

Questions? CONTACT us at im.cbd@utoronto.ca



Primer for EPA TTP6 - Working with other physicians and healthcare providers to **develop collaborative patient care plans** 

This **Transition to Practice - TTP EPA 6 (PGY4)** focuses on shared decision making with other health care professionals, including those situations where there are differences in recommendations provided by different providers. This EPA may be observed during inpatient or outpatient clinical service (e.g. multidisciplinary ambulatory clinics) and/or at team conferences (e.g. tumour boards).

### EPA MILESTONES: TTP6 – Develop Collaborative Patient Care Plans

- 1. Integrate recommendations from other health care professionals into management plans
- 2. Coordinate treatment and follow-up across care settings
- 3. Make effective use of the scope and expertise of other health care professionals
- 4. Respond appropriately to input from other health care professionals
- 5. Communicate effectively with physicians and other colleagues in the health care professions
- 6. Negotiate to achieve consensus when there are differences in recommendations provided by other health care professionals
- 7. Facilitate timely patient access to services and resources
- 8. Respond punctually to requests from patients or other health care professionals
- 9. Exhibit appropriate professional behaviors

### HOW TO COMPLETE AN EPA ASSESSMENT:

- 1. You or the resident initiate the assessment. The assessment may be based on direct observation or case discussion.
- 2. You or the resident sign onto Elentra, and provide the assessment demographics. This can be done on the mobile phone or computer top.
- 3. From the list of milestones pertinent to the EPA, choose 2-3 milestones that are relevant to the activity, and indicate their performance level on each milestone you assessed, using the entrustment scale. You are not required to cover all milestones, but are welcome to.
- 4. Using the global entrustment scale, decide whether the resident can be entrusted overall to perform this activity with a similar case in the future. In general, residents are not expected to be entrustable early in a new stage of training, although this particular tool



GLOBAL ENTRUSTMENT SCALE (Competent and Proficient levels are entrustable)



verifies skills that should have been learned in medical school.

- 5. Describe 2-3 strengths and 2-3 actions, or areas for improvement. Please provide detailed and actionable comments based on your observations of their performance.
- 6. Discuss your feedback with the resident.