TTD 1B - Performing the fundamental components of a comprehensive geriatric assessment (CGA) and identifying common geriatric syndromes. Part B: Performing an MMSE and MoCA

Key Features

- This EPA focuses on core components of the CGA: conducting a comprehensive history and physical examination; completing a medication review; documenting the clinical encounter; and identifying common geriatric syndromes.
- This EPA also includes performing and scoring cognitive screening using any validated screening tool (e.g., Mini–Mental State Examination (MMSE), Montreal Cognitive Assessment (MoCA)
- This EPA does not include analyzing and synthesizing diagnoses for common geriatric syndromes.
- The observation of this EPA is divided into two parts: performing a CGA; and screening for cognitive impairment.

Assessment Plan

Part B: Performing an MMSE and MoCA

Direct observation by supervisor with case discussion

Case presentation

- Case presentation (select all that apply): cognitive impairment; mood disorders; functional impairment/decline; frailty/multicomplexity; mobility/falls/gait disorders; bone health; orthostatic hypotension; dizziness; sarcopenia and deconditioning; incontinence; weight loss and optimal nutrition; optimal prescribing; pressure ulcers/injuries; driving safety awareness

Setting

- inpatient consult; geriatric unit; outpatient clinic; day hospital; outreach
- Supervisor role: geriatrician; TTP resident; care of the elderly physician

Supervisor

- geriatrician; transition to practice geriatric medicine trainee; care of the elderly physician; geriatric psychiatrist; behavioural neurologist; occupational therapist; advanced practice nurse

Milestones in Elentra

- COM 1.2 Optimize the physical environment for patient comfort, dignity, privacy, engagement, and safety
- COM 1.1 Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion
- ME 2.2 Complete and score all required elements of a validated cognitive
- COM 5.1 Document information about patients and their medical conditions in a manner that enhances interprofessional care