



DIVISION OF PHYSICAL MEDICINE AND REHABILITATION

Department of Medicine
University of Toronto

May 2020

Monthly update Newsletter

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1. Congratulations to CAPM&R award winners

We were most pleased to hear about the CAPM&R awards this year. Of note:

- Jason Liang won First Place in the Resident Research Contest
- Tiffany Got, from the University of Toronto, won First Place with a Medical Student Essay
- Ainsley Kempenaar received Second Place award in the Original Abstract category
- R3 residents (Ainsley Kempenaar, Emma Mauti, Carolyn Sawicki) received Third Place Honourable Mention in the Quality Improvement Abstracts under the supervision of Amanda Mayo which can be viewed at: <https://www.dropbox.com/s/ojuughtyctwgyz/Prehab%20v4.mp4?dl=0>
- McKyla McIntyre received Second Place award in the Systematic Review category
- Dion Diep received Third Place Honourable Mention in the Medical Student Research contest
- Robert Simpson received Third Place Honourable Mention in the Paper of the Year award
- Alyssa Komar received Third Place Systematic Review award
- Alice Kam (clinical associate TRI) received first place prize in the Education Abstract category

This year, presentations are online since we have been unable to hold our in-person meeting in P.E.I. this year. Of minor note, Larry Robinson will become CAPM&R President after this year's HEM.

2. Excellent CAPMR poster presentations on-line

There are many excellent video CAPM&R poster presentations on-line now, since we don't have an in-person meeting. See <https://capmrconference.ca/recorded-abstracts/>

These are 2 minute, engaging presentations. And you can hear from star Toronto presenters (many of whom are speaking on behalf of their teams) such as:

- Geoff Hartin
- Natalie Daly
- Emma Mauti
- Sivakumar Gulasingam
- Ainsley Kempenaar
- Alyssa Komar
- Jason Liang
- McKyla McIntyre
- Amanda Mayo
- Tiffany Got
- Alice Kam
- Stephanie Brooks

3. Tony Burns appointed to Editorial Board of Spinal Cord

Congratulations are extended to Tony Burns who was recently appointed to the very competitive Editorial Board of the journal of the International Spinal Cord Society. There were 37 applications for this single position and we were happy to see that our own Tony Burns received the appointment. This is a very nice recognition.



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4. Meiqi Guo continues to help us get up-to-speed with virtual rehabilitation
We were pleased to see that Meiqi Guo connected with over 800 people in a rehabilitative care alliance presentation on TeleRehab. This was an excellent presentation that you can watch and Meiqi has really led the way in a number of areas of preparing for virtual multidisciplinary rehabilitation. The recording, PPT presentation and agenda can be seen by clicking on the RCA Webinar link: <http://rehabcarealliance.ca/webinars>; Tele-Rehab: a sharing of approaches and processes.
5. Kevin Hsu welcomed to the Faculty
We are pleased to report that our recent graduate, Kevin Hsu, was recently appointed as Adjunct Lecturer in our Division. Kevin provides teaching at the medical student level as well as participating in the mock OSCE exams and doing some resident education at West Park. Welcome to Kevin who can be reached at: Kevin.Hsu@medportal.ca.
6. Adam Kassam president-elect at OMA
Please join me in congratulating our colleague Adam Kassam who will soon be officially assuming the role of president-elect at the OMA. To our knowledge, this is the first time that a physiatrist has been elected as president of a Provincial or Territorial Medical Association. This will be excellent visibility for our specialty and we are very happy that Adam has been successful in his campaign.
Adam can be reached at: Adam.Kassam@OMA.ORG
7. Are you planning to, or have you recently, relocated with a romantic partner?
If you have recently relocated or are planning to (assuming travel will be allowed at some point), one of our colleagues at The U of T Relationships and Well-Being Laboratory is interested in finding out about your experience. Please see the attached poster and email for more information.
8. Are you seeking mental health support during the period of COVID-19?
If you are seeking mental health support during the period of COVID-19, you might consider accessing resources available at CAMH. CAMH is providing access to mental health and addiction supports for health care workers in need of support who might be negatively impacted by COVID-19. These services include access to Cognitive Behavioural Therapies (CBT/Psychotherapy) as well as Psychiatric Services. See below for the link:
<https://redcapsurveys.camh.ca/redcap/surveys/?s=JK4XK83AYC>
9. If a little is good....



Larry Robinson recently thought that it might be useful to combine all the COVID treatments and preventions from his (former) US president into one concoction including both industrial strength cleaners and medications. The resulting brew looked “interesting” but then he remembered the Canadian meaning of the word “interesting” (translated as “disgusting” in American) and decided to abandon this idea.



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Don't forget to connect with our Twitter site @UofT_Physiatry which is expertly managed by Andrea Furlan and Ali Rendely. (Thank you to you both).

As always, let us know if you have stories of interest that you would like to have distributed.

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