



DIVISION OF PHYSICAL MEDICINE AND REHABILITATION

Department of Medicine
University of Toronto

May 2021

Monthly update Newsletter

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1. [Welcome to new residents starting July 1, 2021](#)

We are very pleased with our 2021 CaRMS results! We have matched three superb resident candidates who will be joining us on July 1st. As shown on the slides enclosed, we are excited to welcome, Dion Diep and Tiffany Got from the University of Toronto and Christopher Wavell from the University of Western Ontario.

We hope to have the ability to see them in person at an upcoming social once the pandemic permits us to get together again. In the meantime, please say hello if you see our new trainees on-site.

2. [Heather MacNeill and McKyla McIntyre presented workshops on virtual education](#)

We were happy to see that our own McKyla McIntyre was a key presenter in the Department of Medicine in a virtual teaching clinic workshop on optimizing processes and experiences on May 26. Similarly, our own Heather MacNeill, who has been doing work in virtual education for some time, was a presenter in a virtual clinic education workshop focused on learner supervision and assessment in virtual care on May 28. It's great to see our division members making a mark in this area of education.

3. [Ali Rendely tells us how MSK Matters](#)

For those of you who like to listen to podcasts and improve your knowledge in musculoskeletal medicine at the same time, we believe you would be very interested in the [MSK Matters podcast](#). Since the COVID-19 pandemic has limited MSK and sports and exercise medicine training for medical learners, this podcast has been extremely valuable. It covers high-yield MSK topics providing clinical pearls for medical students and residents. It is now in its second season. Each MSK Matters episode offers a round table discussion with host Ali Rendely, a resident, and a featured guest. Season 2 experts include physicians, occupational therapists, physiotherapists, sports dietitians, sports psychologists and more!

Please share this podcast widely as it is an educational tool with curated up-to-date resources.

Listen and subscribe to MSK Matters at <https://mskmatters.buzzsprout.com>. Have a guest or topic idea? Tweet us [@MSKMatters](#) and [@alirendely](#)

4. [PM&R residents offer education to family medicine](#)

As part of the residents' efforts to build relationships with other residency programs and increase awareness of physiatry, the Physiatry Outreach Committee (lead by Melissa Weidman, PGY-3) has been organizing resident-led teaching sessions for internal medicine and family medicine residents. Teaching topics have included "What is Physiatry and When to Refer", "Hand and Wrist Injuries", and "An Approach to the Virtual MSK Exam". These sessions have thus far been very well received and the word seems to have gotten out as the committee has received increasing requests for teaching in the recent months. The work by our residents has been very much appreciated as a way to expand the visibility of PM&R and enhance the education of other physicians who will be encountering patients with disabilities.

5. [Tri Nguyen appointed to faculty](#)

We are pleased to welcome Tri Nguyen as an adjunct lecturer in our division. Many of us know Tri already since he completed residency with us and has been involved with our division in many ways since finishing his residency. Tri's appointment officially starts June 1, 2021 and recognizes the significant contributions he makes in education for our division. Tri may be reached at: tri.nguyen@unityhealth.to



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6. Good News – Royal College Examination results

Congratulations are extended to Michael Catapano and Jason Liang on their successful completion of the Royal College examination. Mike is moving on to a Sports Medicine Fellowship at Harvard and Jason will join as staff at Toronto Rehab. We hope to have an opportunity to celebrate their accomplishment at the virtual end-of-year celebration. Stay tuned for details.

7. Adarsh Rao and Pinder Sahota begin construction on The Ability Clinic

Recent graduates Adarsh Rao and Pinder Sahota begin construction on The Ability Clinic.

Located in Mississauga, just off the QEW, it will be Canada's first gold-level certified medical clinic by the Rick Hansen Foundation. Fully equipped with EMG, US, and bright windows, this space was designed with accessibility in mind. Official opening is to be July 2021. Stay tuned for more! www.AbilityClinic.ca



8. Larry Robinson almost eaten by dinosaur

Larry Robinson was recently walking amongst dinosaur skeletons in Scarborough and had a close call with a Tyrannosaurus Rex. Luckily, the dinosaur became extinct before eating its victim.



As always, let us know if you have stories of interest that you would like to have distributed. Don't forget to connect with our Twitter site @UofT_Physiatry.

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